

## WHAT'S COMING UP

### March 1st

World Compliment Day  
World Day of Prayer

### March 2nd

National Read Across  
America Day

### March 7th

National Cereal Day

### March 10th

Daylight Saving Starts

### March 17th

St. Patrick's Day

### March 19th

First Day of Spring

### March 20th

International Day of  
Happiness

### March 23rd

Purim

### March 25th

International Waffle Day

### March 31st

Easter



## MARCH 2024 NEWSLETTER



### ***Dear Residents and Families,***

As we transition into spring, I am excited to share some updates and events happening in our community.

**Springtime Renewal:** March brings with it a sense of renewal and rejuvenation. Let's embrace this season by focusing on wellness activities, such as outdoor walks, gardening and attending fitness classes in the Discovery Center.

**Safety and Health:** The health and safety of our community remain our top priority. We continue to adhere to protocols to ensure a safe environment for everyone.

**Staff Appreciation:** March is also a time to recognize and appreciate our dedicated staff. Their hard work and compassion make our community a wonderful place to live and work. Please join me in showing our gratitude through kind words and gestures of appreciation.

**Feedback and Suggestions:** Your feedback is valuable to us. If you have any suggestions or ideas for improving our community or just want to share a positive experience please look for the yellow smiling face response cards at the front desk. Simply complete and drop them in the Executive Director's black mailbox or give them to the receptionist. We will be glad to share what we receive and address those suggestions where possible. We are very interested in making Rosewood a pleasant experience for all our residents and families to thrive.

**Friends Make the Best Neighbors:** This unique Rosewood program offers all our residents the opportunity to earn \$2,500 or one month's rent FREE. Just ask our Community Consultant about the details. It's so easy to do all the work and you get all the benefits!

**2024 First Family Night:** A special family night is planned for our residents and selected family members. We will be providing special invitations for you to share soon. How exciting... great food, entertainment and a family night of fun!!!

Thank you for being a part of our community.

Together, let's make March a month filled with Joy, Growth and Positivity.

***Greg Pflug,***  
*Executive Director*





## Employee of the Year Celebration

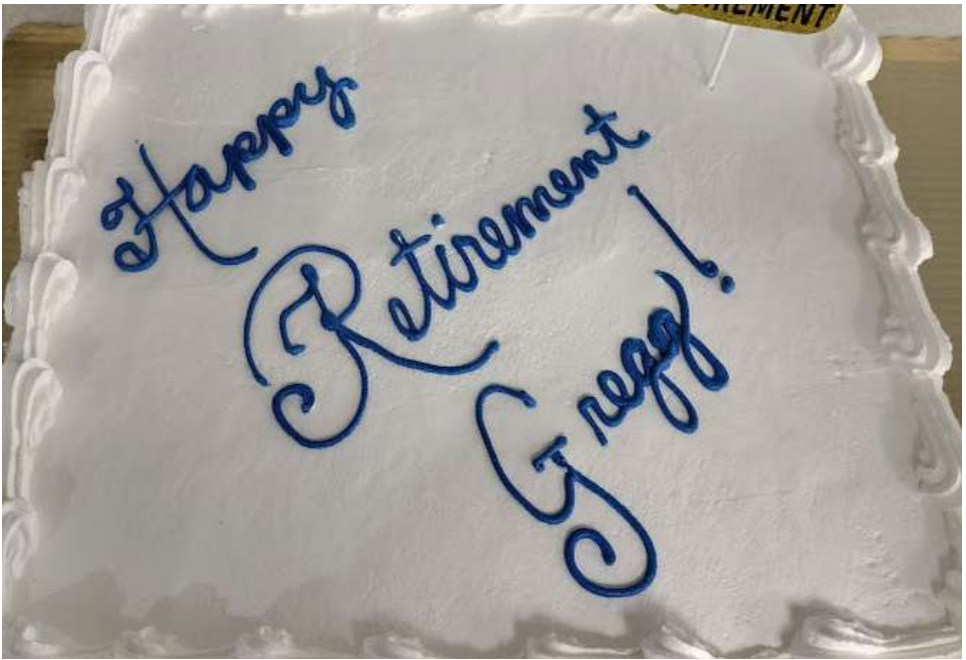
Our employee of the year celebration couldn't have gone any better. We celebrated our Employee of the Year Amy Breeden-Harris. She works hard for our community with a smile on her face. She wears many hats and isn't afraid of the task at hand. Congratulations Amy and thank you for all that you do in and for our community! We also invited all of our Employees of the Month for 2023. Thank you to senior management for their attendance as well.



## Sunshine Tour with Pathways Residents

The Life Enrichment Department have really enjoyed the participation shown by our Pathways residents. They are loving being able to attend the Sunshine Tours and seeing the sights. It is now a part of conversation and they look forward to the trip each week. Recently we visited the hometown of one of our Pathways residents and she really enjoyed seeing the new things that have been built. We love when all of our residents are able to attend with us. Please, will you join us?





### Gregg Martin Retirement Party

We were honored to celebrate the retirement of Gregg Martin, our Community Consultant. Gregg has been with Rosewood for 6 1/2 years. He has been instrumental in growing our community, especially in the time since COVID-19. Gregg is always welcoming with a wonderful smile and an always great attitude. Gregg, we will miss you but the grandkids are calling!



### Assisted Living Activity Area

Our community has recently had a refresh and it just keeps getting better! One of the refreshed areas was our Assisted Living space. It now has a place for some one-on-one activities with AL residents and they can also sit down with their loved ones. This area has many different uses and we are so thankful for Shelly Stern for all of her AMAZING hard work! Now, Assisted Living residents, let's attend those activities!!!





## World Day of Prayer Outside Prayer Walk

March 4th at 1:00 pm

March 4th is World Day of Prayer. We will be honoring the day with a prayer walk around the community. During our devotion times this year, we are focusing on strengthening our prayer life. There is no better thing we can do for one another and ourselves than pray. Join us as we take a walk around the community and spend time with our Heavenly Father.



## “Cinco De Marzo”

March 5th at 10:30 am

Why not celebrate “Cinco De Mayo” twice in the year? We will be taking an Armchair Travel to Mexico as well as enjoying Mexican Finger Foods in honor of the day. Tuesdays are “Tasteful Tuesdays” and we couldn’t think of a better way to celebrate. If you love Mexico and Mexican cuisine, join us in the Discovery Center for a fiesta of a time!



## New Resident Cookie & Tea Social

March 7th at 3:00 pm

On March 7th we will be meeting in the Discovery Center for our monthly new Resident cookie social. During these meetings, it is a time for our new residents and our seasoned residents to get to know each other. We also talk about all that we offer at Rosewood and answer any questions that the new residents may have.







## Lunch Outing to Captain D's March 14th at 11:30 am

Our lunch outings are always a big hit with the residents. It gives the residents and Life Enrichment department a chance to spend a little extra one-on-one time with each other. Our residents have been asking for fish, so Life Enrichment is answering the call! As always our lunch outings are to be paid by residents.



## Family Night March 21st at 5:00 pm

We invite all residents and two family members to join us for our first family night of 2024. Our theme for the night is "We Are Lucky to Have You." We couldn't think of a better fitting theme than one of thankfulness. There is an RSVP form that will be available. Make sure to invite only 2 guests from your family. RSVP will be available soon.



## Clover Coke Floats March 22nd at 10:00 am

Jennifer Jolly with Gentiva Hospice will be at Rosewood to treat us with "Clover Coke Floats."

We will enjoy a little bit of that St. Patrick's Day spirit as we enjoy green Coke and green treats. Our holidays do not have to be limited to just one day, we can celebrate them many times! As always, we thank our Hospice groups for taking the time to spread love to our community.



## Resident Council March 25th at 3:30 pm

On the last Monday of the month, we gather to have our monthly resident council meeting. This meeting is for all residents, whether new or seasoned. We have now combined food council and resident council in the same meeting. Also, all of our directors attend so they can update on old business and take note of new business. Last month was the best we have ever had! Please, join us each month for this important meeting!





## Milton Bryson

Milton is our resident spotlight for March. Milton is a new addition to our community and he has hit the ground running. He lives in Pathways and is always willing to lend a helping hand. He has been a great addition to Rosewood, and he is always friendly and willing to help where he can. Milton is a former choir director and said that he would love to teach the residents about it! We couldn't think of a better way to get involved in the community. Milton loves to play BINGO and sweets. Milton has been married to his wife since 1959. They share two children, one boy and one girl, and two grandchildren. Thank you Milton for being such a help and showing your loving kindness to everyone you come in contact with.

### WELCOME NEW RESIDENTS! 🏠

Mary Terry  
Deborah Woods  
David Pritchett



# Happy Birthday

### Resident

Maddie Delaney	March 11
Ruenell Kennedy	March 11
Ashley Cook	March 14
Edna Eaves	March 14
Quinn Bishop	March 19
Maxine Baker	March 24
Kathleen Forrester	March 24
Betty Wheeler	March 24
Catherine Westerfield	March 27
Pat Suits	March 30
Cheryl Allen	March 31

### Employee

Brenda Cox	March 1
Nathaniel Okoronkwo	March 6
Laura Teague	March 9
Katie Simmons	March 10
Angie Hickman	March 11
Sherri Sykora	March 13
Brandy Holcomb	March 25
Glenda Smith	March 27
Hayley Bynum	March 28
Cynthia Elsberry	March 29
Lexie Elswick	March 29

## COMMUNITY STORY

We had the wonderful pleasure of Shelly Stern returning to our community to work on some other areas of need in our refresh. We now have an added area to accommodate more activities for our Assisted Living residents. This area is of course for everyone, but will be easily accessible to those who live in that unit.

With this new location comes the added bonus of offering activities for families to do with their loved ones and a more welcoming space to do it in. We have already made good use of this location and are so excited for what is to come.

This refresh was provided to us by money set aside from our HUD loan. This HUD loan has been beneficial in changing the look of our community so far. We welcome you to take a look around at the many locations that have been improved. Many more ideas are yet to be put into motion and we are anxiously awaiting them!

If you or your loved one have any questions regarding the HUD and its usage, please feel free to contact Executive Director Greg Pflug.





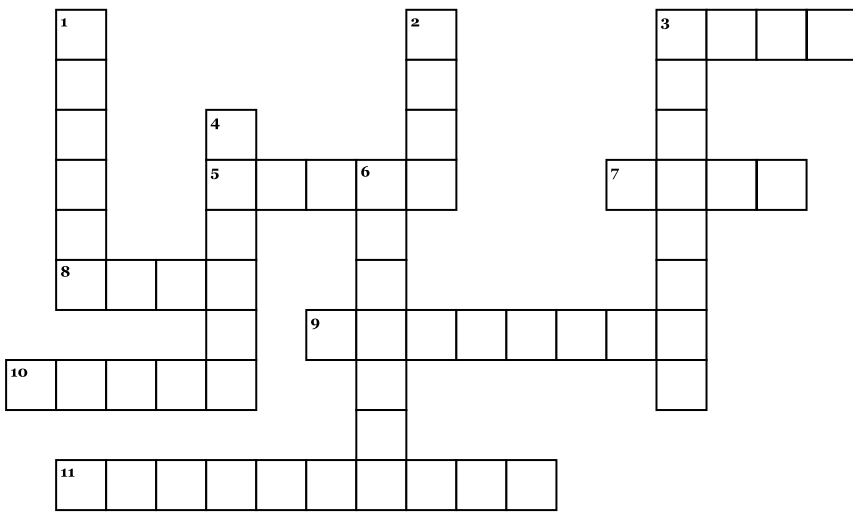


### WORD FIND

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MARCH	BLOODSTONE	RAIN	LION	PHONE
DAFFODIL	SPRING	LEO	SALEM	CAESAR
AQUAMARINE	LAMB	PISCES	IDES	MADNESS

### CROSSWORD



#### Down

- The \_\_\_ Tower was ascended for the first time on March 31, 1889
- The \_\_\_ of March, or March 15th
- Board game known to cause fights among families
- Popular doll
- The Vernal Equinox is when the sun is directly above the \_\_\_

#### Across

- Where the word March comes from
- One of March's zodiac signs
- March's Full Moon
- In like a lion — out like a \_\_\_
- March's birth flower
- The \_\_\_ Corps
- Trials in Salem, Massachusetts



# Stay Connected!

## Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



## EMPLOYEE OF THE MONTH

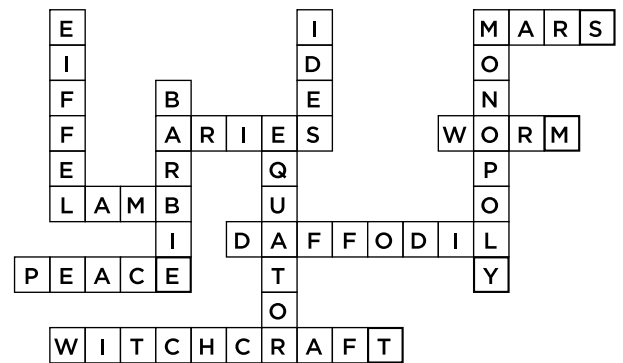
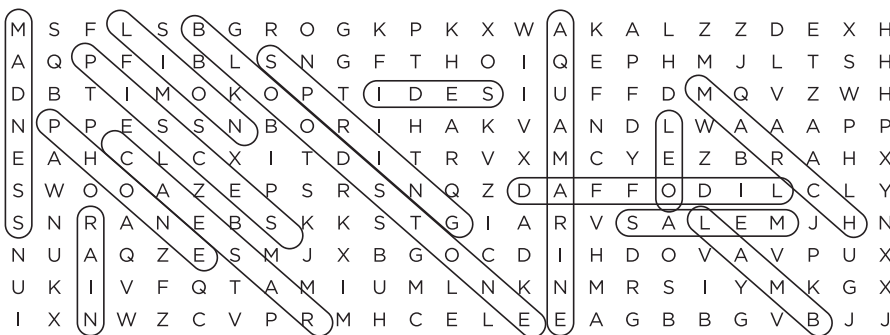
### Jarvin "Jay" Ross



Jay is a Dietary Aide who has only worked at Rosewood for 1 1/2 months. In that time he has really shown his heart and love for our residents. Jay enjoys helping people and lending a hand where it is needed. He is seen in the dining room showing

residents to their seats, lending an arm to an unsteady resident and will also go to apartments and get those who may not be at the table. Jay has 12 children and nine grandkids. He enjoys having good quality conversations and said, "when these elders are talking we need to be quiet and listen." When asked what he enjoys most about his job he said, "I come here for the residents. I am always thinking of what I can do better." The residents stated that they all love him. Jay does more than what is asked and we are very appreciative. Congratulations Jay!

## ANSWER KEY



## CONNECT WITH US

Facebook.com/RosewoodFortO

RosewoodFortO.com

### Regency Senior Living's mission is to

- Serve** our residents and families while
- Engaging** in relationships
- Respecting** individuality and
- Valuing** the contributions of those who
- Evolve** our care every day