

Mondays at 6:00pm
Church with Dr. Sprayberry

January 3
Birthday Party with
Richard Nason

January 6 & 20
Bingo with Lisa and Allen
Music with Steve and Jerry

January 8
Tapestry Hospice Hosts a
Penny Auction

January 9
Abby the Therapy Dog Visits

January 9 & 23
Kingdom Ministries Devotion
with Vincent Eurah

January 13 & 27
Bingo with Diane
Music with Mike and Nena

January 15
National Hat Day

January 16
Skincare and Makeup Clinic
with Effie Lyons

January 19
National Popcorn Day

January 23
Chattanooga Zoo Visits

— JANUARY NEWSLETTER 2018 —



Happy New Year!

Everyone has a favorite recipe. As we begin a New Year, I would like to share a favorite of mine and I hope you, our favorite residents and families, enjoy making it yours. It comes from an anonymous author. Here it is:

Recipe for a Happy New Year

Take twelve fine, full grown months; see that these are thoroughly free from old memories of bitterness, rancor and hate, cleanse them completely from every clinging spite; pick off all specks of pettiness and littleness; in short, see that these months are freed from all the past — have them fresh and clean as when they first came from the great storehouse of Time. Cut these months into thirty or thirty-one equal parts. Do not attempt to make up the whole batch at one time (so many people spoil the entire lot this way) but prepare one day at a time.

Into each day, put equal parts of Faith, Patience, Courage, Work (some people omit this ingredient and so spoil the flavor of the rest), Hope, Fidelity, Liberality, Kindness, Rest (leaving this out is like leaving the oil out of salad dressing — don't do it), Prayer, Meditation, and one well-selected Resolution. Put in about one teaspoonful of good spirits, a dash of fun, a pinch of folly, a sprinkling of play, and a heaping cupful of good humor.

As we make our resolutions for the New Year ahead, let us all go forward with the great, certain hope that all things are possible with the Lord's help and guidance. Time is one of our most precious possessions; we can waste it, we can worry over it, we can spend it on ourselves, or as a good steward, we can invest it with others and make new memories that are fulfilling and transforming. The entire Rosewood leadership team wishes you and your family the best 2018 ever and we're excited about the many new possibilities that exist for our residents, staff and community. Please let us know what we can do to better serve each of you. Here's a toast to your health and happiness in 2018!

Bonne Annee, Buon Anno, Feliz Ano Nuevo, Frohes Neues Jahr

PS: The first resident that submits to me the correct translation of the languages & salutations above will win a prize... Good Luck!

Greg Pflug,
Executive Director



National Cookie Day – December 4th

Our residents in Memory Care celebrated Santa's favorite treat on National Cookie Day! Our kitchen staff helped us celebrate by bringing over two dozen freshly baked sugar cookies for our cookie decorating class. Then we made homemade sugar cookie icing in a variety of flavors and colors and began the decorating fun! There were cookies and icing everywhere, but it was the perfect kick off to the holiday season.



Christmas Tea Party – December 19th

It was a cold, brisk afternoon as we sipped on luscious lemon hot tea draped with candy canes. We had a lovely time talking about past Christmas holidays with family and friends. We listened to seasonal music, shared snacks, and had many laughs.



Santa Visits Rosewood – December 20th

HO HO HO! How surprised we were when Santa and Mrs. Claus stopped by to surprise our residents at lunch time. They gave out candy canes and kisses as they posed for pictures. They even settled down for a quick nap in Memory Care. We are anticipating their speedy return on Christmas Day. We are so excited and ready to hear the reindeer's hooves on the roof. Hopefully, he won't have much coal to pass out this year.



Music Therapy with Megan – Monday/ Wednesday/Friday

We absolutely adore our volunteer Megan and all she does in Memory Care. Megan comes in three times a week and engages the residents through piano, guitar, and singing. The residents all gather around to sing along, clap, and play instruments while she leads. We love seeing our residents have a good time, and they always have a blast when Megan is in! "Where words fail, music speaks!" — Hans Christian Andersen



Church Service with Dr. Sprayberry ***Mondays at 6:00 pm***

Join the Sprayberrys for a delightful and in-depth church service. Dr. Sprayberry will bring a church service with hymns, prayer, preaching, and fellowship. Join them after dinner in the main dining room for a great time with the Lord.



What's New Wednesdays ***Wednesday Afternoons***

Every Wednesday this month in Memory Care, we will be trying out the newest snacks and drinks from the grocery store shelves. After our taste tests, we will decide whether we like the “Tried and True” or “Brand Spankin’ New” treats the best. This activity has been a hit at some of our other Regency locations and we are looking forward to trying it out, Rosewood style.



Birthday Party with ***Richard Nason***

January 3rd at 2:00 pm

Our long time friend, Richard Nason, will be hosting our monthly birthday celebration to honor all of our residents and staff who have birthdays this upcoming month. Richard always know how to throw a party, and boy are we excited! This event will be a fun-filled hour of musical entertainment, comedy, and special guests. Oh, and we can't forget the cake! Be sure to come celebrate with all your friends and neighbors in the main dining room at 2:00 pm.



Bingo with Lisa and Allen ***January 6th & 20th at 10:30 am***

Feeling lucky? Join our wonderful volunteers for a few games of BINGO and maybe you can “B1” of our lucky winners. Games start at 10:30 am in the Personal Care Media Room. See you there!



Meet Abby the Therapy Dog! ***January 9th at 1:00 pm***

On January 9th, Abby the Therapy Dog will be stopping by and making her rounds in Memory Care. Abby is a trained therapy dog and belongs to our front desk receptionist, Gina! We are very excited to meet Abby and spend several afternoons with our new furry friend this month!



Bingo with Diane ***January 13th & 27th at 10:30 am***

Start your Saturdays with fun by joining Diane to play a few games of BINGO starting at 10:30 am in the Personal Care Media Room. Have fun and good luck!



Skin Care & Makeup Clinic ***January 16th at 9:45 am***

Join Miss Effie Lyons for a skincare and makeup clinic on January 16th in the Personal Care Media Room.

***SAVE
THE
DATE***

Feb. 2nd — FUNtastic Friday



Mrs. Bobbie DeBord

Mrs. DeBord has lived at Rosewood for the past four years. She has one son and four grandchildren. She is a lifelong resident of Fort Oglethorpe, Georgia, but she did reside in Florida for a short period of time. While in Florida, Mrs. DeBord worked on a college campus as a data processor. She was one of the first to work on computers at the campus! We are so thankful to have Mrs. DeBord here as one of our residents, and we are looking forward to learning more about her in the coming months.

JANUARY FUN FACTS

- The Romans named it January after Janus, the God of gateways. Janus had two heads so he could look in both directions, back at the old year and forward towards the new year, at the same time.
- More couples separate or divorce in January than in any other month.
- While many, if not most, gemstones are mined underground, garnets (January's birthstone) are not. Garnets are found as small pebbles in streams and water ways. These pebbles are found in many places around the world, including North and South America, Australia, and India.



HAPPY BIRTHDAY!



Resident

Patsy Gant	Jan. 1
Venoy Hadorn	Jan. 3
Donald Sanders	Jan. 5
Nancy Friel	Jan. 5
Charlie Waters	Jan. 12
Pete Moore	Jan. 12
Johnnie Fisher	Jan. 18
Geneva Crawford	Jan. 18

Employee

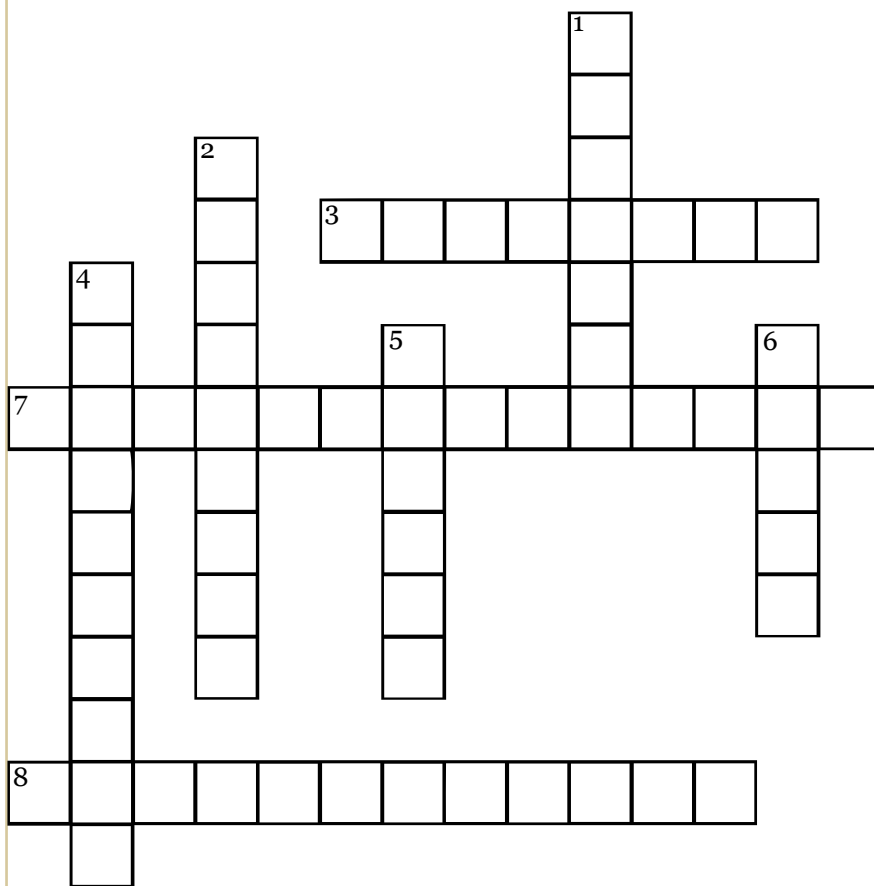
Paula Hallman	Jan. 4	Christina Zeigler	Jan. 27
Janie Spradley	Jan. 8	Jessica Montgomery	Jan. 29
Sonya Bean	Jan. 10		
Smyrde Charlot	Jan. 10		
Marie Madina	Jan. 11		
Tammy Bennett	Jan. 19		
Stephanie Carney	Jan. 23		
Christian Reisman	Jan. 27		

WORD FIND

E Y Z V S R M N A M W O N S P R U P C N E H Z E E
 L C L D U N A H I X Q U G E A K R I T S O K R T V
 E T A L O C O H C T O H N E S N O W F L A K E A M
 B X B L I B O W T T N G B Z G O X R S U O X T N I
 A O I S P H H J S R U R R O F O C K Q T J D N R G
 Z G N M J E C O W I A K B W B S M X G M O Q I E R
 H A H F T J R W N L I T M Z M L X N Z W D R W B A
 G D H M I F H I O D C I J W H I T E S T G S R I T
 H O F X J R A P F B E C X M X I H E F B B G E H E
 D N G F B V E H L S G C V B S Q C G L O H B D K E

BONFIRE	FROST	ICE	POLAR BEAR	SNOWMAN
CHILLY	HIBERNATE	MIGRATE	SNOW	WHITE
FIREPLACE	HOT CHOCOLATE	PENGUIN	SNOWFLAKE	WINTER

CROSS-WORD



Across

- The lyrics of Auld Lang Syne are from a 1788 poem by man called Robert Burns from _____.
- Some southerners eat _____-_____ on New Year's Day for good luck.
- The 8th most common New Year's resolution is to improve a _____.

Down

- In _____, each new year family and friends gather to burn metal in a pan for a ritual called "molybdomancy".
- The _____ of America sing Auld Lang Syne at the end of their jamborees.
- About 22% of Americans _____ before the clock strikes 12 on New Years.
- Historians reckon that the New Year's kiss is derived from either _____ and English folklore.
- January is named after a god with two faces named _____.



EMPLOYEE OF THE YEAR

Scott Davis

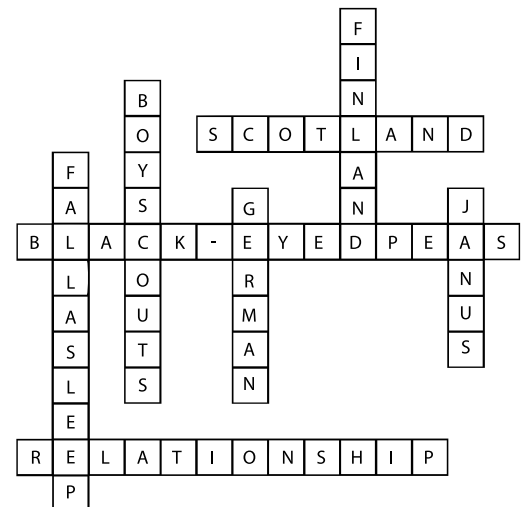
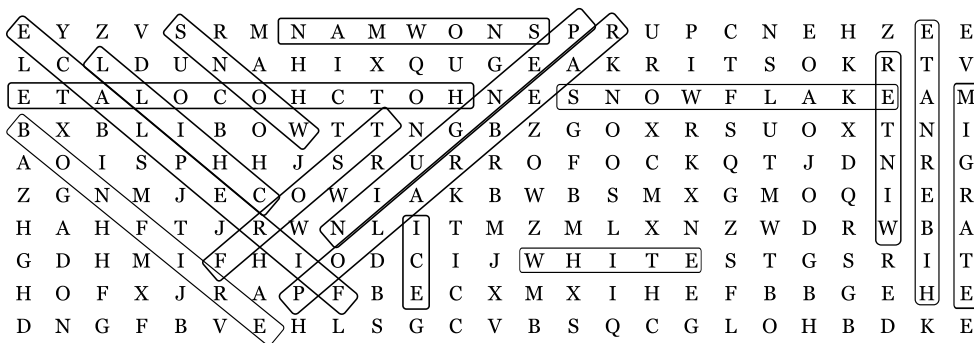
Congratulations, Scott! Scott Davis is such a blessing to all of us here at Rosewood Assisted Living. He is a true friend and, to many of the residents, he fits the role of a son, grandson, or nearest and dearest relative. Scott is the guy you can call on when you need a friend. He is caring, compassionate, makes extra efforts to accommodate others, and is a team player, in every sense of the word. Scott, we are so thankful for all you do here, and we are honored to call you our 2018 Employee of the Year!

EMPLOYEE OF THE MONTH

Kellsea Jenkins

Way to go, Kellsea! Kellsea always goes the extra mile in her department and is a true asset to our Rosewood family! Kellsea is patient, caring, dependable, and a go-getter. She is always willing to jump in and help out her coworkers, no matter the task at hand. Kellsea, your friends at Rosewood just want to say thank you for all you do!

ANSWER KEY:



CONNECT WITH US:

facebook.com/pages/The-Rosewood-at-Fort-Oglethorpe/

pinterest.com/rosewoodliving/