

**Please update all residential family contact emails by *February 7, 2018.***

## February

## African American History Month

## February 2

Groundhog Day  
FUNtastic Friday  
Masquerade Day

## February 5

## Trip to Catoosa County Library

## February 7

## Qigong and Creative Exercise Resident Birthday Celebration

## February 13

## Mardi Gras

## February 14

# Valentine's Day Valentine's Day in the French Quarter Masquerade Dance

## February 19

## Presidents Day

## CALLING ALL VOLUNTEERS

## Contact Numbers

## Assisted Living Nurse

423-994-3127

## Memory Care

423-994-3247

## Personal Care Downstairs

423-994-3369

## Personal Care

423-994-3907

## Main Number

706-866-4443

— *FEBRUARY NEWSLETTER 2018* —



***Hello Residents,***

The month of February has always been special to me and my family. You see, my parents were married on February 14... Valentine's Day. Isn't that grand? I wish you could have met my parents. A little about them — my Dad served in the Merchant Marines during WWII and my Mom was an RN. They met in New Orleans through one of my Dad's best friends, a doctor at the time. They were in love and rather than wait to have a big church wedding, off to the Justice of the Peace with their best friends in tow. From that point on, the rest is history. Then followed 4 children; I was the first born, followed by two sisters and one brother. My folks are no longer with us and we miss them so much. But as time passes, I find some lingering memory of them creeps into my day. So that's how I was introduced to Valentine's Day... a very special day in our family life. Who could forget their anniversary, ever? We are very thankful for them and wish my children had more time with them so they too could appreciate how special Valentine's Day can be if we want it to be.

Maybe your parents didn't get married on Valentine's Day, but you too probably have special memories of your parents and of others that you love and want to remember on this Valentine's Day. So this year, I want to wish each of you a very special Valentine's Day, to remember someone from in your life, and make their day special by sharing your love. After all, maybe one way to truly make Valentine's Day different from other days on the calendar is let those you love know how sacred they are to you... just as it's found in John 15:12... *This is my commandment, that you love one another as I have loved you.*

**Greg Pflug,**  
*Executive Director*



### ***Hot Chocolate and Conversation – December 19th, 2017***

We had a great time as we sat talking about old times, getting to know each other and telling funny family stories. We each shared how many children and grand children we had. We told the special names that our families have chosen to call us. A few of the names were very interesting, but most were common. I'm sure some of you have heard of Maw Maw, Me Maw, Nanny, Nanna, Big Maw, Grand Maw, Grandmother, G Ma, and G Mamma. I'm sure all those sound familiar. Just for a moment consider these: Great Mother, Queen Mother, and Supermom. As you can see, mothers hold a special place in all families and our time together was enjoyed.



### ***Candlelight Dinner – December 21st, 2017***

Our residents had a wonderful evening as they sat at beautifully dressed tables prepared by the staff, especially for them. The tables were decorated with mirrored center pieces that sparkled as the tea lite candles flickered. Music softly played in the background as each table was served. The aroma of the meal cascaded throughout the dining room. The residents appeared so pleased and happy. The staff wore Santa Claus aprons. Everything was so festive. The eggnog was so creamy, and served in a very elegant parfait glass. Later the residents were served a choice of carrot or red velvet cake. It was a most enjoyable evening.





## ***Employee of the Year Dinner for Scott Davis – January 28th, 2017***

The Rosewood Family, our COO Jeff Clay and wife Angie welcomed Scott Davis and his family, as we congratulated him on being selected to be the Employee of the Year for Rosewood for 2018. The staff told Scott why he was chosen to be Employee of the Year. Many told his mom that she did a great job raising Scott. The meal was prepared by our Executive Director Greg Pflug and mock champagne punch was prepared by Tracey Scott. The video was a big hit, and Scott liked it a lot. Scott was presented with an Employee of the Year Award by Jeff Clay. It was a nice evening as we met Scott's mother, Cathy, and his son, Max.



## ***Silly Hat Social in Remembrance Village – January 15th, 2018***

With all of the cold weather we've had lately, we needed a little extra joy and laughter to brighten our day! A few of the ladies got together where we created our silly hats and modeled them for all our friends!





### ***Valentine's Day in the French Quarter Masquerade Dance*** ***February 14th at 5:30 pm***

Our dance will be held on Wednesday February 14, 2018 at 5:30 pm. We will have music by Bob Bogart. We encourage everyone to come out ready to have a good time. Attire will be New Orleans-themed. Please wear your mask and period costume of choice. We will have a photo station, dancing and lots of laughs with friends. Come out and join us as we make more memorable Rosewood moments.



### ***Trip to Catoosa County Library*** ***1st and 3rd Mondays Monthly***

Each month we will be taking the residents to the Catoosa County Library to check out books and other media offered at the library. We will leave Rosewood at 1:00 pm. Applications for library cards may be picked up from the receptionist in the lobby. If you need assistance completing your application please feel free to come see Sharon Shedrick in Life Enrichment.



### ***Qigong and Creative Movement Exercise*** ***Wednesdays at 9:30 am***

Come join us in this new class held on Wednesdays at 9:30 am. All exercises can be done in a chair or wheelchair. You may also choose to stand if you would like. This is a beginners' class and self-paced. Do as much as you can. Qigong will help to keep muscles moving and build energy to do everyday tasks. Come on out and get moving!



## ***Fat Tuesday in Memory Care February 13th, 2018***

We are kicking off the fun in true New Orleans style! We are starting by wearing our purple, green, and gold. Coffee and King Cake are on the menu for our snacks, and we will wrap up the day making Mardi Gras masks.



## ***Valentine's Day in New Orleans in Remembrance Village February 14th, 2018***

*"Dressed in style, go hog wild, me oh, my oh! Son of a gun, we're gonna have big fun on the bayou..."*

— John Fogerty

We are going to spice up our Valentine's Day this year by celebrating it Cajun style! Join us for festive food, drinks, and music!



## ***Makeup and Manicures February 21st at 2:00 pm***

You are never too old to play dress up! We will spend some time pampering the ladies in Memory Care with makeovers, hand massages, and fresh manicures!

### ***CALLING ALL VOLUNTEERS!***

#### ***Come Volunteer at Rosewood Senior Living***

We are calling all community clubs, schools, scout troops, civic clubs, Sunday school classes, church groups, individuals, and families. We have great things planned for the residents at Rosewood Assisted Living this year and need your help. Call to register your group for volunteer hours. Connect with Sharon Shedrick at 706-866-4443.

Thank you in advance!

***SAVE  
THE  
DATE***

***Mar. 2nd — FUNtastic Friday Theme: Masquerade Day***





## Rebecca Townsell

Mrs. Townsell has lived at Rosewood for seven years. She was married for 57 years to Fred Townsell and was blessed to mother five children. She taught in the Catoosa County Schools for 25 years.

Mrs. Townsell's hobbies are sewing, reading and cooking. At Rosewood, she participates in all the activities, but her favorite ones are Bingo, morning stretch, and Inspirational Devotion.

Mrs. Townsell often encourages others to come to activities and supports the efforts of the Enrichment Department with her prayers. Thank you, Mrs. Townsell. We are honored to appoint you as Resident of the Month.

## FEBRUARY FUN FACTS

- February's birthstone is the amethyst, and its birth flowers are the viola and the primrose.
- February remained the last month of the year for roughly 200 years until the calendar was reevaluated and February was reassigned as the second month, with January being the start of the new year.
- Once every six years, February is the only month that has four, full seven-day weeks.
- The word February comes from the word "februa" which means purification and cleansing, adapted from the Roman "Festival of Purification", a pre-spring ritual.



## HAPPY BIRTHDAY!



### Resident

Joyce Dameron	Feb. 04
Earl Sanders	Feb. 04
Paul Smith	Feb. 05
Margie Cumbee	Feb. 07
Jean Baker	Feb. 14
Maria Roden	Feb. 19
Lorraine Hixson	Feb. 22

### Employee

Scott Davis	Feb. 02
Mary Careathers	Feb. 13
Sharon Nicholson	Feb. 15
Rick Potter	Feb. 16
Amanda Downs	Feb. 25
Sharon Shedrick	Feb. 28

## WORD FIND

E A D G D T S G T K P O Z S N M F C O Q S C E Y V  
 E O D D O P R S M V F F L O W E R S N L S P T T X  
 B K B M R H Y A Y A D S T N E D I S E R P H A W D  
 A V B I I H D N E G K L L V A A E H A M R U L O J  
 W D N N T R T N C H P I F V R Q N Y I M M G O R Q  
 T G C E H K E Z U W X D S I G D D W G G B T C R D  
 L E M N L U S R O O I V P S S K S Y D N A C O A B  
 T A T E K Y R B W P R L O V E L U B Z Y B B H T S  
 V Z W Z K J F N U M H G K Q F Z X I V P F M C M H  
 E T M G V H I C P K Z M S H S G T S F P H J S V M

ADMIRER

CANDY

FLOWERS

HEART

LOVE

AMETHYST

CHOCOLATE

FRIENDS

HUG

PRESIDENTSDAY

ARROW

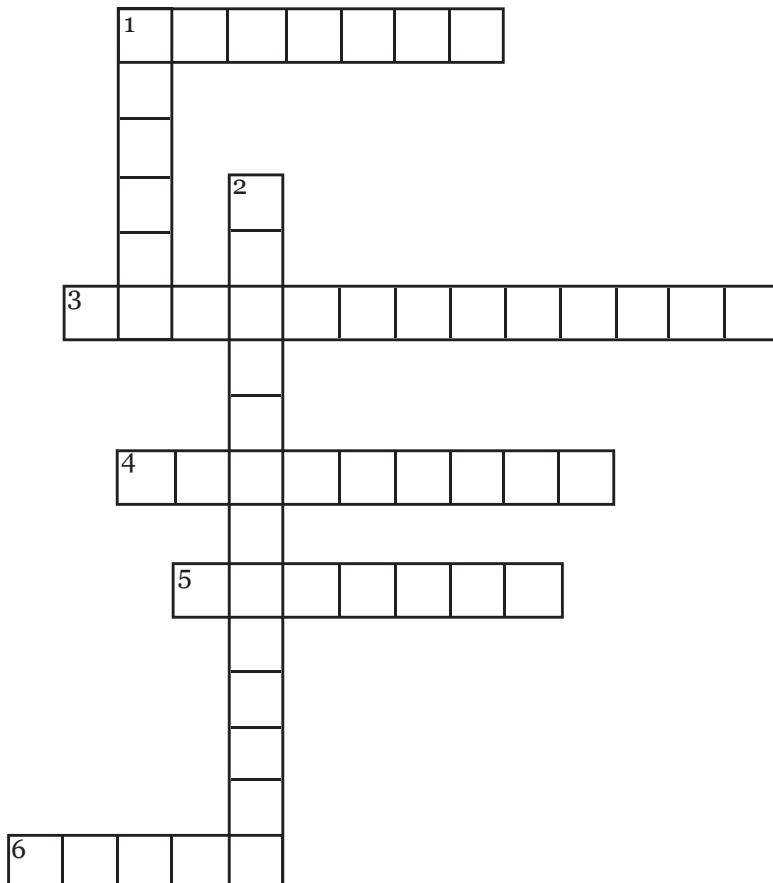
CUPID

GROUNDHOG

KISS

SPRING

## CROSS-WORD



### Across

- Candy, cards, and \_\_\_\_\_ are popular Valentine's Day gifts.
- In 1926, this noted African American historian, scholar, educator, and publisher started the beginnings of what is now Black History Month.
- Valentine's Day is the second most popular card sending Holiday after \_\_\_\_\_.
- Valentine's Day was not associated with \_\_\_\_\_ until the Middle Ages.
- \_\_\_\_\_ is often portrayed as the son of the Roman god Venus.

### Down

- February comes from the Roman festival of purification called \_\_\_\_\_.
- \_\_\_\_\_ was known as the "Mother of the Valentine".



*EMPLOYEE OF THE YEAR*

*Scott Davis*

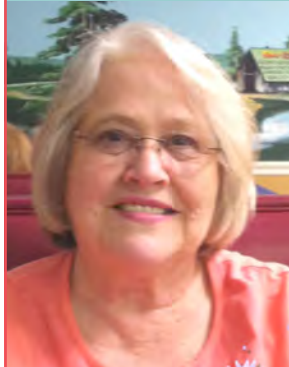


Congratulations, Scott! Scott Davis is such a blessing to all of us here at Rosewood Assisted Living. He is a true friend and, to many of the residents, he fits the role of a son, grandson, or nearest and dearest relative. Scott

is the guy you can call on when you need a friend. He is caring, compassionate, makes extra efforts to accommodate others, and is a team player, in every sense of the word. Scott, we are so thankful for all you do here, and we are honored to call you our 2018 Employee of the Year!

*EMPLOYEE OF THE MONTH*

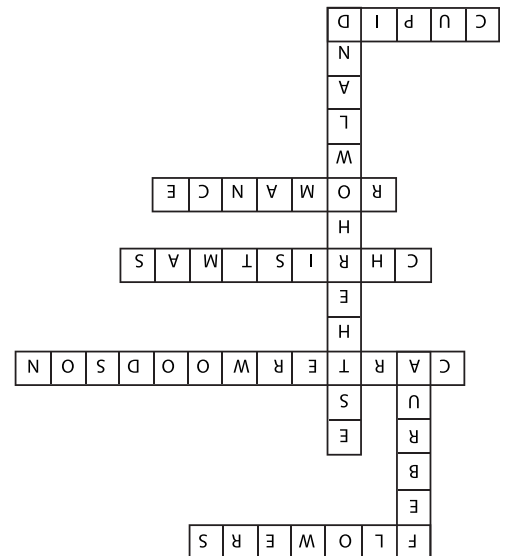
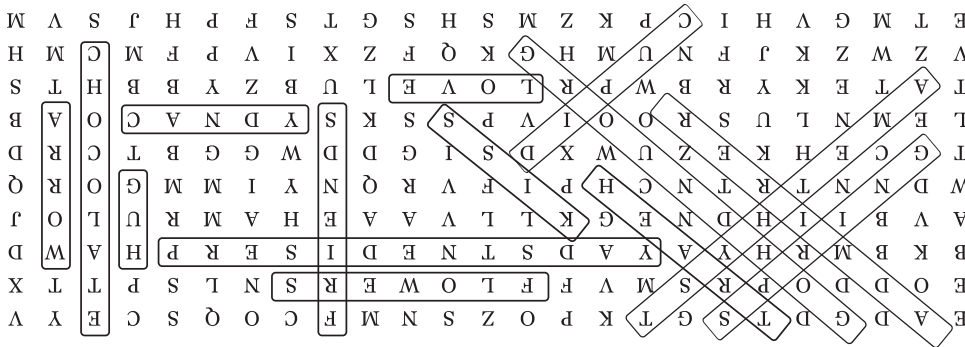
*Faye Wise*



Faye has been employed at Rosewood for several years. Faye has a big heart for our residents. She often brings in snacks and clothing from home to share with them. She goes above and beyond and she is always willing to do

that little extra something.

**ANSWER KEY:**



**CONNECT WITH US:**



[facebook.com/pages/The-Rosewood-at-Fort-Oglethorpe/](https://facebook.com/pages/The-Rosewood-at-Fort-Oglethorpe/)



[pinterest.com/rosewoodliving/](https://pinterest.com/rosewoodliving/)