

## WHAT'S COMING UP

**December 1**

Giving Tuesday

**December 1-7**

National Handwashing  
Awareness Week

**December 7**

Pearl Harbor Remembrance

**December 10**

Hanukkah Starts

**December 12**

Gingerbread House Day

**December 12**

National Poinsettia Day

**December 18**

Hanukkah Ends

**December 18**

Answer the Telephone Like  
Buddy the Elf Day

**December 20**

National Ugly Sweater Day

**December 21**

Start of Winter Solstice

**December 22**

National Short Person Day

**December 23**

Festivus

**December 24**

Christmas Eve

**December 25**

Christmas Day

**December 26-January 1**

Kwanzaa

**December 27**

National Fruitcake Day

**December 31**

New Years Day

## DECEMBER 2020 NEWSLETTER



### *Dear Residents and Families,*

All through 2020 we have made a commitment to ongoing and transparent communications with you. We hope we have not disappointed you in any way, and we will strive to do better. Our top goal is providing safety for our wonderful residents and amazing staff, while optimizing quality of life at Rosewood through rigorous health protocols. The entire leadership team remains optimistic, and is encouraged about the recent news of a COVID-19 vaccine. We have completed the required information to obtain the vaccine on behalf of our residents and staff with appropriate state agencies. The distribution and implementation of the COVID-19 vaccine will be overseen by our Medical Director when that time comes. We will ask residents or the POA to sign a consent form, much like we did for the fall flu vaccine. We will advise you as we learn more. We would like to think that we have kept this disease in the backseat while we continue to drive to a brighter and more normal future. Like our parents said for generations at some point, we're telling COVID-19- "don't make me stop this car." Our passions and energies keep us moving forward for the residents we serve. This journey demands vigilance and discipline from all of us. With all of us working together, progress can be made. We are so thankful for our residents, families, and staff who continue to nurture through trust, care through service, and pray for LOVE!

Again, we are thankful that we can celebrate Christ's birth this December 25th. We will once more turn Rosewood into a winter wonderland. We hope that our residents will find some comfort and joy in all the traditions of this time of year. Christmas trees, lights, and homemade pies and cookies will soon fill the air. The week of Christmas, we will invite the residents to a very special "Candlelight Dinner," special blessing of the meal, dining with festive music, attired Elf staff, and we will serve Tracy's special holiday eggnog complete with silver punch bowl and stemmed glassware. Santa is coming to town, or should I say Rosewood? We will take holiday pictures with Santa and each good little boy and girl will receive a special gift. We are providing those pictures to you for your family scrapbook. I am sure that every family and resident will take the time to make this Christmas the most special ever. God is good. O holy night the stars are brightly shining, it is the night of our dear savior's birth, fall on your knees, O hear the angel voices, O night divine, O night when Christ was born, Praise his Holy name, his power and glory evermore proclaim! Merry Christmas to all, and Happy New Year!

Always Your Servant,  
**Greg Pflug,**  
Executive Director

## WHAT WE'VE BEEN UP TO

In November, we celebrated the Thanksgiving holiday! We enjoyed a lovely Thanksgiving feast, served by our dining staff dressed up as pilgrims. It was a lovely celebration. We have been doing several crafts, like making wreaths and door hangers! Memory Care has started a book club, which has been quite a hit! Personal Care and Assisted Living have been enjoying the cooking club. We have been preparing for our Christmas holiday season, and look forward to sharing the fun times with you.



## FUN FACTS

- » December was originally the tenth month of the year in the Roman calendar. It gets its name from the Latin word “decem,” which means tenth. However, when the Romans added January and February to the calendar, December became the twelfth month. They still kept its original name.
- » Gone with the Wind premiered at Loew’s Grand Theatre in Atlanta, Georgia on December 15, 1939.
- » On December 17, 1903, Orville and Wilbur Wright, two brothers from Dayton, Ohio, ushered in the era of flight, and soared into history. Despite having no formal engineering training, the brothers defied gravity by making the first manned airplane flight in Kitty Hawk, North Carolina.
- » The first artificial Christmas tree was made in Germany, fashioned out of goose feathers that were dyed green!
- » Times Square became the go-to place for New Year’s Eve revelers as early as 1904, but it wasn’t until December 1907 that the New Year’s Eve Ball made its first appearance.
- » The term Yuletide comes from a Norse tradition of cutting and burning a tree to bring in the Winter Solstice. This was to last through 12 days– later known as the 12 days of Christmas.
- » Frank Sinatra was born on December 12, 1915.
- » Illustrations in the first book version of ‘A Christmas Carol’ published in 1843 included kissing under mistletoe, something thought to have helped popularize the tradition.
- » In the 1790s, George Washington was the first U.S. President to serve eggnog. His recipe contained rum, whiskey, and sherry!
- » National Cookie Day is December 4th. Other snacks celebrated this month include pie, cotton candy, chocolate brownies, cocoa, and cupcakes.

## WHAT'S NEW?

### Know Your Neighbor

This takes place on Mondays and Fridays at 10:00 am in the Assisted Living Lounge. This program allows the residents to grow their relationships, and meet new people. Overall, the residents have enjoyed the social interactions with one another. We monitor all activities closely to ensure masks are worn and social distancing measures are followed.



## COMMUNITY STORY



### Favorite Holiday Traditions

#### Bobby Padgett

Bobby Padgett said he and his family traveled frequently because he was in the Coast Guard, so they weren't around their extended family much. However, he and his family made the most of their time together! Bobby and his wife would put the kids to bed and would wait for Santa to come, then they would wake them up before daylight, and let them open their gifts. Bobby prefers an artificial tree with colorful lights and really enjoys sipping on hot chocolate with marshmallows during the holiday season!

#### Porter Beasley

Porter Beasley said hot chocolate is one of his favorite holiday beverages. He and his family would spend Christmas Eve together, and would have a wonderful meal as part of their family tradition. Porter says that the more colorful the lights the better!





## FROM THE BLOG



### Small Ways to Decorate Your Space for the Holidays

Fun decor is a great way to help you get in the holiday spirit! When you add small touches to your living space that sparkle and shine, it can be an instant mood lifter. So what will you do to decorate your space for the holiday season? We've got a few ideas that might help inspire you!

#### **1- Arrange a wintry bouquet!**

When you're decorating a small space, sometimes there just isn't room for a Christmas tree. So get creative with it. Arrange a small wintry bouquet with greenery, ornaments, and the like for a makeshift centerpiece.

#### **2- Add a simple poinsettia.**

Classic. Traditional. Beautiful. The poinsettia is a timeless holiday tradition. Add one or two to your space for an instant Christmasy makeover. These flowers also make great gifts for friends and fellow residents to help brighten their days!

### 3- String up some twinkle lights!

Add a little twinkle to your room for the holidays. You'd be surprised at the warm holiday glow that can be created with a few strands of lights. String them across your curtain rods, or over bookshelves to help set that holiday mood.

### 4- Make paper snowflakes.

Easy and fun, making white paper snowflakes is a seasonal pastime that yields inexpensive yet elegant decorations. We don't get much snow in the south, so we can make our own! You can easily hang them up around your space with string and tape.

### 5- Think wreaths.

Wreaths are classically Christmas, but you can make them out of all sorts of things other than garlands and tinsel. You can also get creative about where you hang them. Wreaths don't have to just be reserved for the front door. Hang small wreaths on the backs of dining chairs or even on your kitchen cabinets for fun, holiday flair.

No matter how you decorate, we hope you enjoy this time— the most wonderful time of the year. Find little ways to make your holiday season bright, and share that merriment with your friends and neighbors at Regency.



## THREE FUN WAYS TO SPREAD HOLIDAY CHEER

### 01 Send a Christmas Card!

Sending a holiday card to a friend or loved one is a great way to help them get into the holiday spirit. Everyone loves a fun Christmas card to put on the fridge or the mantle.

### 02 Reach Out to a Long Lost Friend

Nothing like the holidays to drum up nostalgic feelings of Christmases past. So spread a little cheer this year by reaching out to an old friend or family member you haven't had time to talk with lately. A catch up session will do both of your hearts good.

### 03 Holiday Tunes

Play your favorite holiday album to help you and your neighbors tap into that cheer. There's nothing quite like Elvis crooning Blue Christmas, is there?

## FEATURED RESIDENT

**Eunice Jernigan**

Mrs. Jernigan is always one of the first participants to arrive at any activity, and she does everything with a smile. She is a very active member in our walking and reading clubs here at Rosewood. We love Mrs. Jernigan and how she is so sweet and kind to everyone. Eunice Jernigan was born on December 1st in Pelham, Georgia. She got married to her husband Saxon Jernigan, and then moved to Jacksonville, Florida. She and her husband were married for more than 50 years! They have three kids Bob, Charles, and Kathy. They also have 10 grandchildren and 15 great grandchildren. Eunice worked as an executive secretary for more than 30 years, and her husband was in the Army Air Corps. Mrs. Jernigan enjoys camping, crosswords, and reading. She was a very active member in her church and loved to attend bible study and “ladies group.”

## DID YOU KNOW?

**December 7th is National Letter Writing Day**

There's something so special about a heartfelt, handwritten letter— especially in this digital age of smartphones and emails. For hundreds of years, a letter was the only way to get in touch with friends, family, and loved ones who were many miles away. Let's honor the handwritten letter on this holiday by writing to a friend, loved one, or even a fellow Regency resident! Happy letter writing, friends.



# Happy Birthday

**Resident**

Eunice Jernigan	Dec. 1
Joyce Dille	Dec. 6
Nell Rogers	Dec. 6
Nina Whittlesey	Dec. 7
Carolyn Tanner	Dec. 10
Gloria Bradley	Dec. 13
Elizabeth Everett	Dec. 15
Vera Palmer	Dec. 20

**Employee**

Leeann Chapman	Dec. 2
Marion E. Bailey	Dec. 7
Garl N. Carter	Dec. 10
Heather Hawkins	Dec. 15
Katelin Dixon	Dec. 21
Gregory Martin	Dec. 26
Kimberly Fitzsimmons	Dec. 28

WELCOME   
NEW RESIDENTS!

Elizabeth Taylor

Larry Ferguson



## WORD FIND

O Z E Q Q I J J O I A H D B T S D E H K G J E P Z  
 R E T N I W Y U L E T I D E T R N O O S Q L A Q C  
 H O L L Y F B G A C R M T F K O E T L Z L O Q O A  
 B Y C D R K T O F I M B I T I V Y E I M Q O O U J  
 S R L D F D Q N H V R G B T E Q E L D V R K R J K  
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AIRPLANE  
 EGGNOG  
 HOLIDAYS

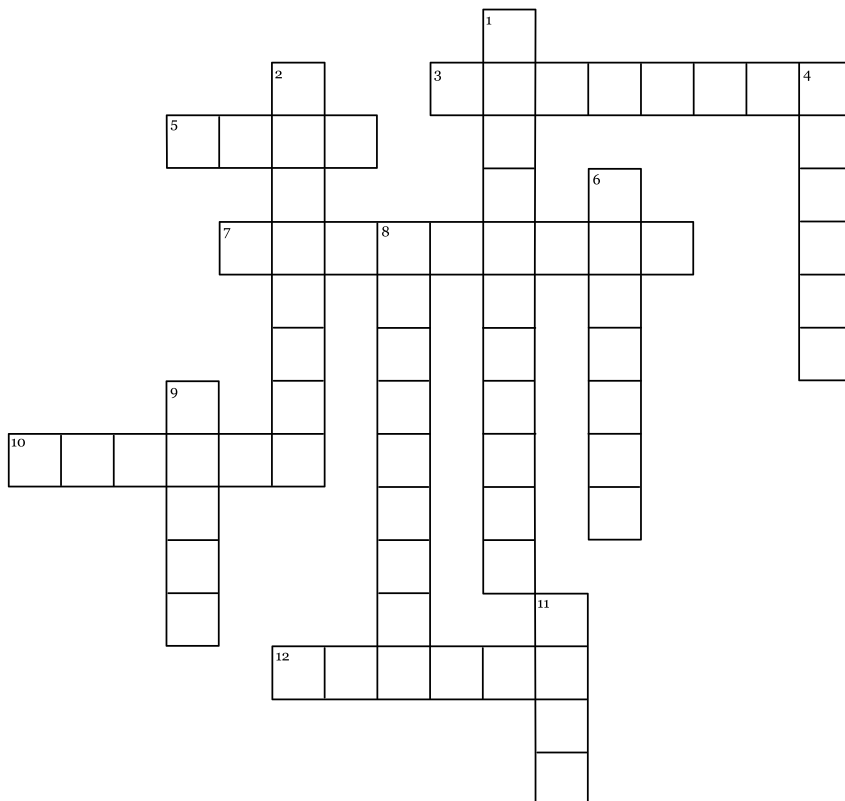
POINSETTIA  
 TREE  
 CAROLS

GIFTS  
 HOLLY  
 SNOW

WINTER  
 COOKIES  
 GINGERBREAD

MISTLETOE  
 TRADITION  
 YULETIDE

## CROSS-WORD



### Across

3. Orville and Wilbur Wright flew one in December 1903
5. You need this to have a "White Christmas"
7. Something you kiss under
10. Songs associated with Christmas
12. The coldest season of the year

### Down

1. Cookie used to build edible houses
2. Hanukkah, Christmas, and Kwanzaa are \_\_\_\_\_ that take place in December
4. Drink typically enjoyed in the Winter
6. Children might leave these out for Santa
8. A custom or belief that has been passed on from one generation to another
9. "Deck the halls with boughs of \_\_\_\_\_!"
11. A Christmas decoration that can be live or artificial

## EMPLOYEE OF THE YEAR

**Pamela Harris**

We are so pleased to have Pamela Harris as our employee of the year! She is dedicated to our residents' care, and always puts her best foot forward for their good! The Personal Care team would be incomplete without her gentle, quiet demeanor. Pam has a big heart for her team members, and they respect and look up to her too.

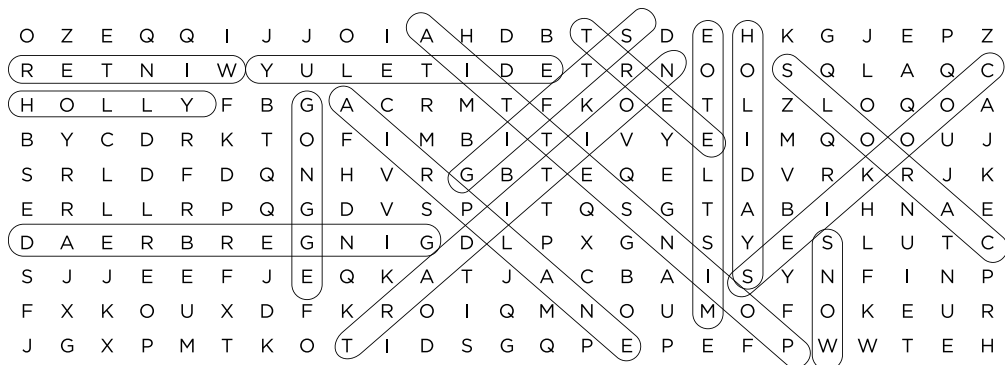
Pam is a great leader and example for us all to aspire to be like! Congratulations, Pam! We are proud of you!

## EMPLOYEE OF THE MONTH

**Autumn Webb**

Autumn has been on the Rosewood team for several months now. She is a nurse in Memory Care and has shown our residents quality care since she joined our team. Autumn is a wonderful team leader and is extremely thorough in her role. She is always eager to learn something new and strives to do her best each day. We admire the compassion she shows to our residents as she provides their medication and other daily necessities. Thank you, Autumn, for representing our values here at Rosewood!

## ANSWER KEY



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