

WHAT'S COMING UP

May 1

May Day

May 4

Star Wars Day

May 5

Cinco de Mayo

May 7

Mother's Day Tea

May 9

Mother's Day

May 13

National Apple Pie Day

May 24

National Brother's Day

May 28

National Hamburger Day

May 31

Memorial Day



MAY 2021 NEWSLETTER



Dear residents and families,

Spring is in full swing, and great things are happening at Rosewood. We're all enjoying the warmer days, and looking forward to upcoming holidays like Mother's Day so we can celebrate the ones who have cared for us in every way. As COVID restrictions begin to lift little by little, we enjoy seeing families reunite and spend time together here at our community.

Rest assured, we are still keeping safety our primary focus while trying to incorporate fun activities for engagement our residents can enjoy and benefit from. Thank you all for your patience as we continue to navigate these circumstances. We're looking forward to a wonderful and fun-filled summer here at Rosewood!

Thank you for being a part of our community.

Your Rosewood Team



WHAT WE'VE BEEN UP TO

Oh what beautiful weather April brought us! Spring weather is finally here and what better way to enjoy it than to start up our sunshine tours again? Easter was an exciting time for our residents. We had a Good Friday service with special singing by Denise, and a special service by Chaplain Brent Stewart. Residents also made their own Easter Cards and paintings, and our new Life Enrichment Coordinator, Ashley, stopped by with Easter baskets for our residents.

We had a birthday bash to celebrate all of our April birthdays, during which we enjoyed food and fellowship. It was great to see a lot of our residents get out of their rooms, and join together to celebrate one another. The residents are thrilled to have BINGO back, and we look forward to trying out different types of BINGO next month. As we acclimate our new Life Enrichment Director, Amber, and Coordinator, Ashley, we look forward to many more exciting events in May!



COMMUNITY NEWS

Rosewood Controlled Visitation Procedures

Please route your visitation requests through our receptionist with a minimum of 24-hours advance notice. Cindy Romines is available at 706-866-4443, M-F- 8:30am -5:00pm.

Please schedule visits (see visit type below) between 9:00am and 4:30pm Monday through Friday, and Saturday and Sunday from 10:00am to 2:00pm. Please note that Breakfast hours last till 9:00am, Lunch is between 12:00-1:00pm every day, and Dinner starts at 5:00pm.

We request that you follow the visitation protocols to allow us to coordinate any resident departures and returns. This will enable the staff to better serve our residents.

A. Window Visits

For those residents who have ground floor apartment windows that are facing outward, visitors may come to



that window, and use their phones to communicate if applicable.

B. Outdoor Visitation

Visits for non-symptomatic and COVID-negative residents are available, weather permitting, can be scheduled at specified patio tables.



C. Indoor Visitation

Provided all protocols are followed as stated and includes the following:

- » Limit of two visitors at one time, we suggest that visits be limited to 1 hour each visit; it is recommended that any visitor (not vaccinated) who comes more than once a week be rapid tested or provide test results within the last 2–3 days.
- » Follow all hygiene protocols.

Failure to follow recommended protocol may result in visitor being asked to leave.

D. Off Property Visitation

- » Family and friends may take residents on visits outside the facility. The POA will need to authorize and communicate with all family and friends procedures for off-site visitation. It is highly recommended that these off property visits maintain the highest mitigation protocols possible— i.e. mask at all times, social distancing, hand sanitization, vehicle sanitization prior to pick up. We also suggest that these visits, when possible, occur during the recommended hours. If that is not acceptable, please make your request 24 hours in advance to our receptionist so arrangements can be made. Please be mindful that any extended visit will need to be coordinated to ensure that all meds are administered in a timely manner. We suggest short trips when possible. Many other events occur during each day, such as laundry, shower assist, and dressing, all of which happen on a schedule for the benefit of the

residents. Any change in the routine may result in changes to those activities being performed in an appropriate/timely manner.

- » Ideally visitation is recommended after resident has been vaccinated for a minimum of two weeks, and with all visitors also having been vaccinated.
- » Abbott BINAX Rapid Testing can be provided for those visitors who have not been vaccinated, and it will take approximately 15 minutes for test results to become available. Tests will be administered by a Rosewood nurse in the lobby before entering the community, please coordinate this request with our receptionist at the front desk.
- » Compassionate Care visits for Families/POA's can be arranged for the following situations: a resident is struggling to adapt to the community life, recent grief loss, weight loss, dehydration, and exhibiting signs of emotional distress, clergy can also be included in this situation. In these scenarios, families are still expected to follow all health protocols.

Non-Medical & Medical Trips from the Community

Residents must wear surgical masks, transporting driver must wear a mask, transport vehicle will be sanitized between trips, and any noticed symptoms will require screening multiple times daily for 14 days.

FUN FACTS

- » Blue jeans were officially invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.
- » On May 9, 1992, The Golden Girls aired their series finale.
- » The birthstone for May is the emerald, which represents love and success.
- » The Empire State Building opened on May 1, 1931.
- » On May 14, 1804, Lewis and Clark began their journey up the Missouri River.





FROM THE BLOG

Mother's Day

Celebrating Motherhood in all its Forms

Mother's Day is so special, and carries with it its own meaning for each of us. Perhaps you celebrate this holiday as someone who had an incredible mother of your own. Perhaps you yourself are a mother, a stepmother, a godmother, mentor, teacher, or caregiver. As we honor the mothers in our lives on this Sunday in May, let's find some inspiration in the beautiful words of writers, poets, actresses, and other figures who perfectly express the beauty and raw strength that is motherhood.





Maya Angelou

“To describe my mother would be to write about a hurricane in its perfect power. Or the climbing, falling colors of a rainbow.”

Kate Winslet

“Having children just puts the whole world into perspective. Everything else just disappears.”

Robert Browning

“Motherhood: all love begins and ends there.”

Oliver Wendell Holmes

“Youth fades; love droops; the leaves of friendship fall; a mother’s secret hope outlives them all.”

Oprah

“I believe the choice to become a mother is the choice to become one of the greatest spiritual leaders there is.”

Mitch Albom

“When you look into your mother’s eyes, you know that is the purest love you can find on this earth.”

Victor Hugo

“A mother’s arms are made of tenderness and children sleep soundly in them.”

Abraham Lincoln

“I remember my mother’s prayers and they have always followed me. They have clung to me all my life.”

Henry Ward Beecher

“The mother’s heart is the child’s schoolroom.”

Michelle Obama

“At the end of the day, the most important job is still mom-in-chief.”

Sheryl Crow

“Little souls find their way to you whether they’re from your womb or someone else’s.”

Sophia Loren

“When you are a mother, you are never really alone in your thoughts. A mother always has to think twice, once for herself and once for her child.”

No matter how or who you celebrate on Mother’s Day, we hope it is a time of tribute for you and/or the strong, loving women in your life who have shaped you, comforted you, taught you, and showed up for you in many ways throughout the years. On this special Sunday, we honor all mothers and mother-life figures, motherhood in general, and the profound impact of mothers on society. They truly deserve all the thanks!



HAPPY BIRTHDAY!

Resident

Lois Dietz	May 3
Edward Phillips	May 4
Jean Williams	May 7
Barbara Ensley	May 8
Lynn Wemmer	May 14
Rita Hensley	May 24
Beverly Miller	May 26

Employee

Amanda Lara	May 8
Amy Breeden-Harris	May 9
Tracy Scott	May 9
Rachel Parris	May 16
Alma Beal	May 21
Rina Caradine	May 21
Farrah Thacker	May 28
Robert Bugea	May 31

WELCOME NEW RESIDENTS!



George Ann Stanfield

Barbara Pressley

NATIONAL SPACE DAY

The first Friday in May is National Space Day! This day is dedicated to celebrating the extraordinary achievements, benefits, and opportunities that come from space exploration and research. In honor of National Space Day, here are 10 things you probably didn't know about space exploration.

- 10.** A space suit weighs roughly 280 pounds, without the astronaut, and takes about 45 minutes to put on.
- 9.** To even apply to be an astronaut, candidates must complete at least 1,000 hours of fly time in a jet aircraft first.
- 8.** The first artificial satellite sent into space by the United States was the Explorer 1, launched on January 31st, 1958.
- 7.** America's first space station was Skylab, which contained almost 12,000 cubic feet of living space, and was longer than a 12-story building.
- 6.** A manned rocket reaches the moon in less time than it took for a stagecoach to travel the length of England.
- 5.** Each astronaut is allotted 3.8 pounds of food for each day, and the foods are individually-packaged for ease of handling in zero gravity.
- 4.** Flying American flags to space began with the flight of the first American astronaut, Alan Shepard, in 1961. Elementary students from a Cocoa Beach, FL

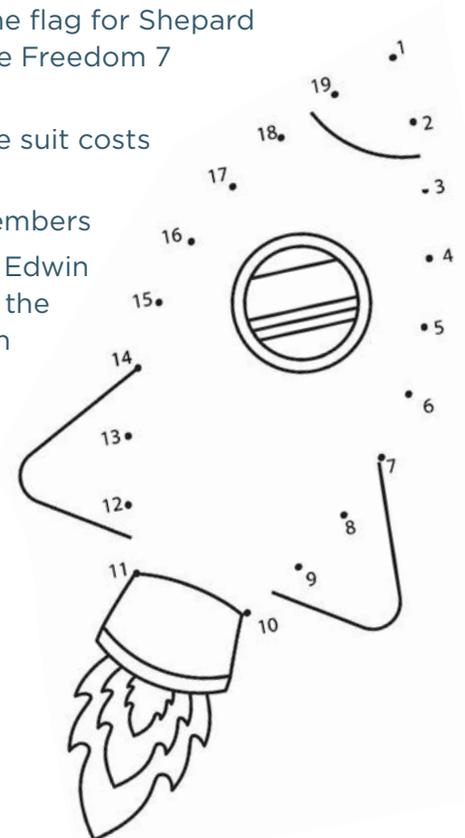
school purchased the flag for Shepard to carry onboard the Freedom 7 Mercury spacecraft.

3. A full NASA space suit costs \$12,000,000.

2. Apollo 11 crew members Neil Armstrong and Edwin "Buzz" Aldrin made the first lunar landing on July 20th, 1969.

1. In 1981, the first reusable spacecraft the Space Shuttle Columbia, launched and returned from space.

BLAST OFF!



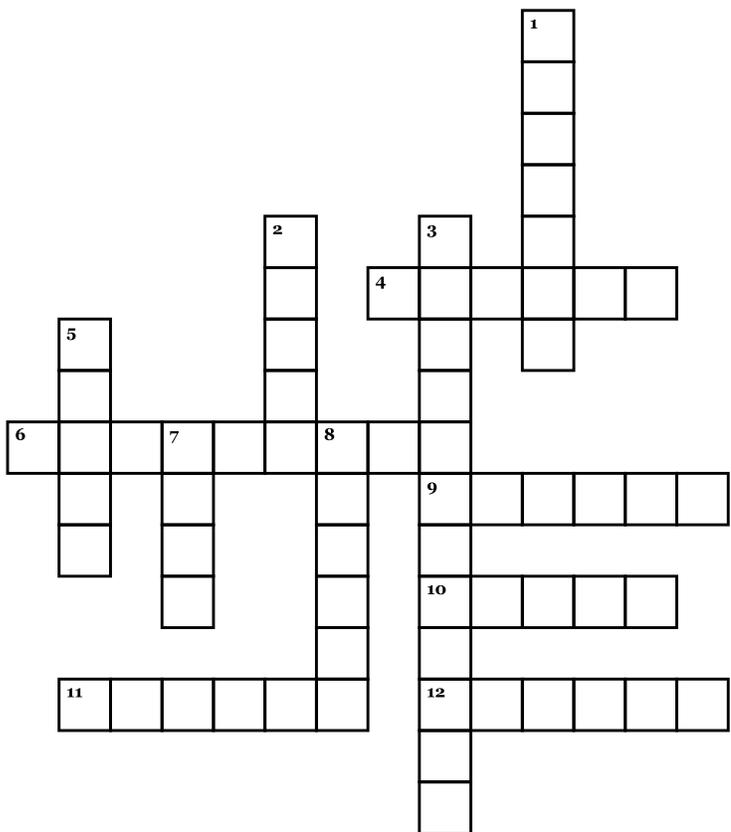
CONNECT THE DOTS

WORD FIND

C A O Y B Z X E K M A R I T I M E A P B V L X P B
 P V Z R A O O K P L P O J T A D P E S M A N G T I
 G J S E I N F E L D A J E R N J T G M H C T Y E Z
 O D O C S R T P R V P E A I A Y J I F P C I T A V
 L W O U G D L H D N K D N N B R I D G E I K N C K
 D Z I R R U J I L A T I S I D W C U A F N R V H S
 E B H N O N B X L W L K W T V N V J V J E R E E P
 N M W L M T E Z D Y B K S Y S D I I D Z D W X R B
 L I U V M A H Y E M E R A L D G I B R F E I R H Y
 N Q K C M O Y Y V J J T N H H O I C S D Z D O H Z

- | | | | | |
|---------|--------|---------|----------|---------|
| MAY | GOLDEN | JEANS | SEINFELD | JEDI |
| LILY | EMPIRE | TRINITY | MARITIME | JOURNEY |
| EMERALD | BRIDGE | VACCINE | DOROTHY | TEACHER |

CROSS-WORD



Across

4. The traditional flower of May - Lily of the _____
6. A popular food served on a bun
9. Teachers might receive these on Teacher Appreciation Day
10. Lewis & _____
11. Formerly the tallest building in the world, the _____ State Building
12. Dorothy's mother in The Golden Girls

Down

1. Gemstone that's the color of envy
2. Darth _____ - Luke's father
3. City where the Golden Gate Bridge is located
5. Pants made out of denim - usually blue
7. Well-known figure of the Wild West - Buffalo _____
8. One of Jerry's best friends in Seinfeld

EMPLOYEE OF THE YEAR

Faye Wise

Nurses understand, plan, encourage, wipe tears, bandage, teach, hold hands, laugh, listen, comfort, monitor, and care, all without a prescription. Faye is one of our wonderful nurses in the Memory Care unit. She has been a nurse at Rosewood since 2016, and she constantly shows how much she genuinely cares about our residents. Her expertise in the field has been beneficial to our facility and the hospice and home health nurses who enter the facility. She has proven her commitment to service time and time again, and is faithful, providing communication reports to all parties necessary. Faye has trained many nurses over the years, but that is just the tip of the iceberg for her. Medication management is extremely important, but so is comfort care provided to our aging residents. Such as when Faye brings her curling iron and scissors to style a resident's hair or when she brings snacks from home because she knows how happy it will make a resident. Faye recognizes that music lifted the spirits of memory care residents, and realized we did not have any musical instruments in the department. As such, Faye and her husband donated an electric piano that is played frequently to the delight of our residents and families. Faye, the entire team respects and applauds you for your commitment and servant leadership!

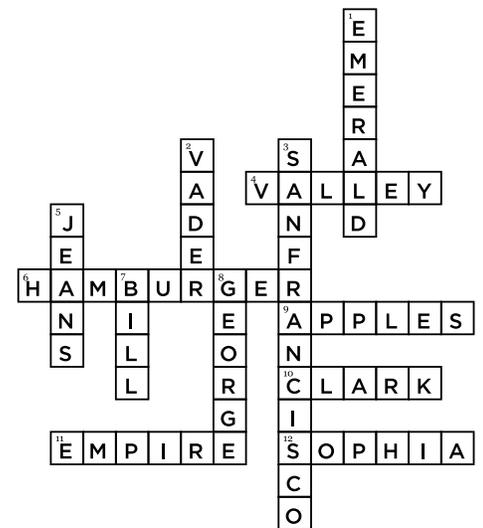
EMPLOYEE OF THE MONTH

Deborah Evans

Deborah has been a caregiver at Rosewood for six months now, and has already shown herself to be a true team player and valuable asset to our team. She is a third-shift caregiver in Personal Care, but she is willing to help out wherever needed. She assists the residents in their daily living activities, including eating, cleaning, and getting around the center. She comes in early, and always has a great attitude. She is very kind, patient, and hardworking. Deborah really has a heart for the residents, and it shows in everything she does. She loves to go that extra mile, and bring the residents snacks and other gifts. We are very happy to have her as a part of our team. Thank you, Deborah, for all your hard work and your sweet spirit!

ANSWER KEY

C A O Y B Z X E K M A R I T I M E A P B V L X P B
P V Z R A O O K P L P O J T A D P E S M A N G T I
G J S E I N F E L D A J E R N J T G M H C T Y E Z
O D O C S R T P R V P E A I A Y J I F P C I T A V
L W O U G D L H D N K D N N B R I D G E I K N C K
D Z I R R U J I L A T I S I D W C U A F N R V H S
E B H N O N B X L W L K W T V N V J V J E R E E P
N M W L M T E Z D Y B K S Y S D I I D Z D W X R B
L I U V M A H Y E M E R A L D G I B R F E I R H Y
N Q K C M O Y Y V J J T N H H O I C S D Z D O H Z



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