

WHAT'S COMING UP

November 2nd

Devised Egg Day

November 5th

American Football Day

November 7th

Daylight Savings Ends

November 10th

Marine Corps Birthday

November 11th

Veterans Day

November 13th

World Kindness Day

November 18th

Mickey Mouse's Birthday

November 24th

Friendsgiving

November 25th

Thanksgiving Day

November 26th

Black Friday

November 28th

Hanukkah Begins

November 29th

Cyber Monday



NOVEMBER 2021 NEWSLETTER



Dear Residents and Families of Rosewood,

It's the time of year to participate in the inherently American tradition of THANKSGIVING, a time for thanks. We are thankful for each resident that calls Rosewood home; and for our care staff, who care so much for our residents. I guess that's where the phrase "Family Caring for Families" comes from.

We will begin a series of vaccinations for COVID-19, the flu and pneumonia shortly. We have sent consent forms home for the appropriate people to sign. If you want one, please ask our receptionist. Once we have completed the forms in sufficient manner, we will advise the families of the day that we will conduct the actual shots. Insurance will be processed for all vaccines.

We are looking forward to a wonderful gourmet experience with our residents for their Thanksgiving meal. We will have special drinks, food, desserts and entertainment. We truly want this meal to be special— they deserve that and more!

I am also excited to announce another first at Rosewood! We are now in discussion with a local and highly recommended dentist in the area, in hope of securing on-site dental care for our residents with regularity. Oral care is a critical aspect of care for our seniors. We will be sending out more information about this later.

We have formed a unique and exclusive partnership with Tapestry Hospice to provide the services of a chaplain throughout the week to our many residents. Ricky has been a pastor for almost 42 years and has such a tender heart. He will meet your loved one and share with the families, as appropriate. He will be in the community frequently and establish trusting relationships with all our residents. He is excited to share his love of God and pray with those in need. We are proud to have him on the care team.

Let's all give thanks for what we have and long for, the loving grace and mercy of our Lord.

Happy Thanksgiving!

Greg Pflug,
Executive Director

WHAT WE'VE BEEN UP TO

October was a busy month! We kicked off fall with many fun activities including a pumpkin painting competition, a trip to Ellijay and our Fall Festival.

Residents also enjoyed our Health Fair. We invited various hospice and therapy groups in to share information about their services, promote health and wellness, and have fun games or giveaways for our residents. They had a grip test, blood pressure and pulse oxygen test, ring toss, and even a massage therapist. The staff and residents were so grateful to receive free massages! Residents also received candies, oranges, pens, cups and other cool swag. The vendors also participated in our pumpkin painting competition.

We were able to take some residents to Ellijay for a nice lunch at The Maple Restaurant, at the top of Amicalola Falls, and to the R & A Orchards. The food and views were exquisite. Residents enjoyed the fun and fellowship, and beautiful view. We ate apple pies and reminisced about working on the farm.

Our Fall Festival was a huge hit! We had many volunteers from various hospice groups that helped pull it off. Some of the favorite activities included the bean bag toss, candy corn bowling, and the cakewalk. We even had sugar free goodies, so everyone could participate!

The Ladies enjoyed our Tea Party last month and are looking forward to having one every month.

The residents continued to enjoy art class, culture class, and our daily exercise, daily devotion, and Bingo. They are becoming more bold in sharing their faith. They are excited to see what the upcoming holiday months will bring.



FUN FACTS

- » November's traditional birthstone is the topaz, usually a yellow or amber color. The ancient Greeks believed that topaz could make a wearer invisible. A symbol of honor and strength, topaz was also believed to bring longevity and wisdom.
- » November 3rd is Sadie Hawkins day.
- » On the night of November 29th–30th, a penumbral eclipse will be visible from North America. Appropriately filtered telescopes or binoculars are necessary for eye-safe viewing.
- » November's birth flower is the chrysanthemum. Generally, chrysanthemums represent cheerfulness. A red one conveys "I love you." White symbolizes truth or pure love, while a yellow one indicates slighted love.

WHAT'S NEW?



New Hair Stylist

We have a new stylist, Tina Wright. She does cuts, colors, perms, and waxing. She will be on site Tuesdays and Thursday from 9 a.m. – 4 p.m. You may call her at (706) 913-0823 to set up an appointment.

Friendsgiving

Friendsgiving will be November 24th in the Discovery Room. Residents are invited to bring their favorite snack to share with others as we eat and reminisce about our favorite Thanksgiving traditions.

Veterans Day

We have partnered with Hearth Hospice to honor all of our Veterans on Veterans Day.

COMMUNITY STORY

Be Still and Know That I Am God

“Be still!” I exclaim as Ruthie wiggles about, trying to roll over. She won’t be still and I am trying to change her diaper. She doesn’t want to lay down for fear she will have to go to sleep.

I am getting frustrated, but trying to remain calm and reassure her that I am just trying to clean her up. She kicks her legs and squirms around. As I sit there sighing, I hear in my spirit, “You do the same thing sometimes...” “What do you mean Lord?” I reply. “There have been times when I am trying to clean up your mess and you just won’t let me.” “Ouch,” I think. I begin to ponder. How many times has the Lord wanted to clean me up, change something in my heart, or help my circumstances and I kept trying to do too much instead of just resting in him? I “wriggle” around trying to make it all work and make it all better when, if I would just be still and trust God, life would be so much better.

He calls us to rest in Him. His word promises peace, protection, provision, love, joy, and peace. His Word promises us that he will be with us no matter what we go through. Everything we need is in him. We don’t have to wrestle with Him as he cleans us up and makes all things new. As Ruthie has gotten older, she realizes that I am cleaning her up and not forcing her to lay down. As we mature in Christ, may we recognize when the Lord is calling us to rest in Him as he cleanses us, may we learn to be still and know that HE is God.



FROM THE BLOG

A History of Veterans Day—Honoring Those Who Have Served

November 11th is a special day. It's a special day for those who have proudly served our country. It's a special day for their families. We seek to honor all our veterans and their spouses and families this year, and thank them sincerely for their proud service and the difference they've made for each of us. From the bottom of our hearts, thank you.

A National Holiday

Veterans Day actually originated as “Armistice Day” on November 11th, 1919. That day marks the anniversary of the ending of World War I. Congress passed a resolution in 1926 marking an annual observance, and then November 11th became a national holiday in 1938. Unlike Memorial Day, the Veterans Day holiday pays tribute to all American veterans—living and dead— but gives special thanks to living veterans who served our country honorably during war or peacetime.



Facts about Veterans Day

Here are a few facts about this incredibly special holiday that you may or may not already know.

- » Veterans Day occurs on November 11th each year in honor of “the eleventh hour of the eleventh day of the eleventh month” in 1918, which marked the end of World War I —initially termed “Armistice Day.”
- » The holiday commemorates the service of veterans of all wars.
- » In 1954, Eisenhower officially changed the name of the holiday from Armistice Day to Veterans Day.
- » In 1968, Congress passed a bill which moved the celebration of Veterans Day to the fourth Monday in October; however, due to the historical significance of the date, in 1975, President Ford moved the holiday back to November 11th.
- » In Great Britain and the Commonwealth countries, it’s customary to observe two minutes of silence at 11 a.m. every November 11th.



Today's Veterans

Did you know that...?

- » 9% of veterans are women.
- » 18.2 million living veterans served during at least one war as of the year 2018.
- » As of 2019, the three states with the highest percentage of veterans were Virginia, Wyoming, and Alaska.
- » 7 million veterans served during the Vietnam War, 2 million during the Korean War, and 3 million in the War on Terrorism.

Regency Veterans

To all our veterans in the Regency family, thank you so much for your service. It's our honor to celebrate you on Veterans Day, and every day! Our team at Regency works hard to offer our support to our veterans and their families, particularly when it comes to applying for VA pension benefits. This process can be arduous and overwhelming, but at Regency we strive to take that burden off your shoulders. If you have questions about applying for benefits, let us know. We'd love to help!

NATIONAL JUKEBOX DAY!

November 24th is National Jukebox Day! There's something so fun about strolling up to a jukebox, shiny quarters in hand, and flipping through to find a song that speaks to you. Jukeboxes remind us of going out on the town, catching up with friends, and enjoying some of our favorite tunes!

The name jukebox is thought to have come from places called 'juke houses' or 'jook joints.' In the early 1900s, people congregated inside these establishments to drink and listen to music. In 1889, Louis Glass and his partner William S. Arnold invented the first coin-operated player in San Francisco. By the 1960s, designs had been upgraded to coin-operated models that could accommodate larger selections of songs. The jukebox has such a special place in history.



ALZHEIMER'S AWARENESS



November is Alzheimer's Awareness Month, a time to help educate people about the disease and to show support to the 5.8 million affected Americans and their families. At Regency, we have an excellent Memory Care program and staff of caregivers who work with our residents to ensure their specific needs are met, employing different therapy techniques to preserve memory and support healthy cognitive function. Thank you to all our Memory Care staff for all you do!

Happy Birthday!

Resident

Fred Tucker	Nov. 9th
Gail Reed	Nov. 14th
Cathryn McNally	Nov. 14th
Gladys Grayson	Nov. 23rd
James Hyatt	Nov. 26th

Employee

Mary Coleman	Nov. 4th
Novella Hinton	Nov. 6th
Kathy Bullard	Nov. 16th



WELCOME NEW RESIDENTS! 🏠

Barney "Rocky" Beach
Marion Shuman

Rosie Chapman
Wilma Cooper

Opal Grapes
James Hyatt

Frank Perchalski

WORD FIND

S P Q R M S A G I T T A R I U S J N T X E R T E R
C S K D Y T P I N D I A N Q H H G O O V K U J P F
O U S Q B B E K X N X I S X A S U V P A D W B U E
R M H B N E N G J Y R A X Q Z N V E A D I T S D X
P M D A C A U H M C H X R A Y K N M Z T W Y C D V
I E S N U V M U U R C M U E U O E B E J A I W I K
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X U T N H R R V Y X R O Y T B F Y R Z R I V Z G N
U S G A A J A L W Q B N T H A N K S G I V I N G N
I N S N N O L R R W F D H W A T Q S C R A P P L E

TOPAZ
BEAVER
MOON

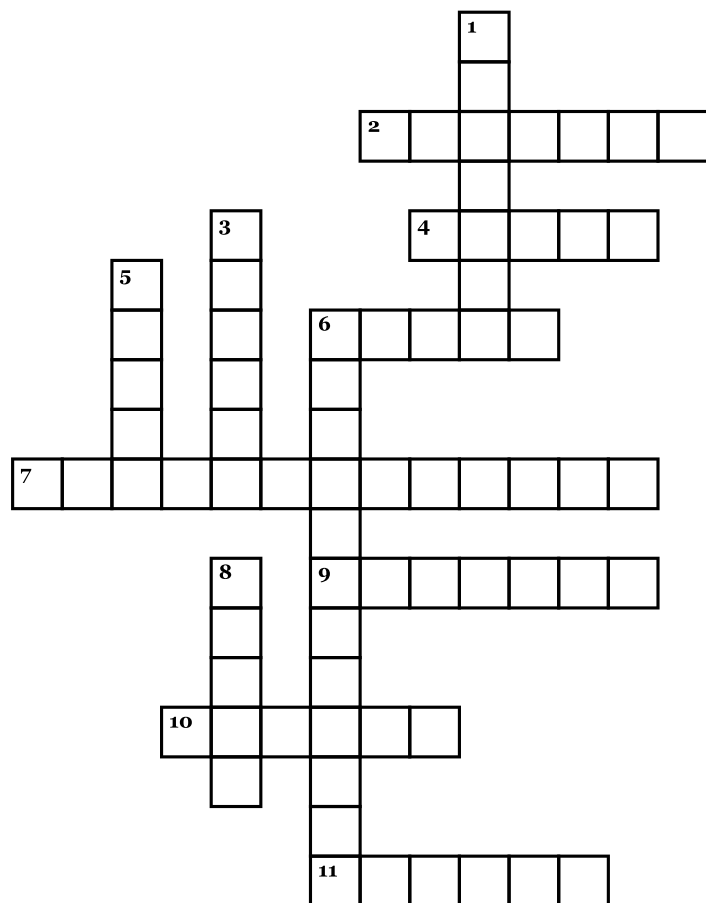
PENUMBRAL
INDIAN
SUMMER

NOVEMBER
SCORPIO
SAGITTARIUS

THANKSGIVING
DIWALI
SCRAPPLE

BANANA
PUDDING
MUD

CROSS-WORD



Down

1. Tallest dam east of the Rockies
3. November 5th is Guy _____ Night
5. The Medal of _____ is the most prestigious military decoration
6. Holiday in late November
8. Latin word for November

Across

2. The 35th U.S. president
4. The first dog in space
6. A symbol of honor and strength
7. Birth flower of November
9. One of the Zodiac signs for November
10. November's full moon is traditionally called the _____ Moon
11. "The Great _____", a classic book by F. Scott Fitzgerald



IN MEMORY OF

Faye Wise

Nurses understand, plan, encourage, wipe tears, bandage, teach, hold hands, laugh, listen, comfort, monitor, and care, all without a prescription. Faye was one of our wonderful nurses in the Memory Care unit. She had been a nurse at Rosewood since 2016, and she constantly showed how much she genuinely cared about our residents. Her expertise in the field was beneficial to our facility, the hospice, and home health nurses who enter the facility. She proved her commitment to service time and time again, and was faithful, providing communication reports to all parties necessary. Faye trained many nurses over the years, but that was just the tip of the iceberg. Medication management is extremely important, but so is comfort care provided to our aging residents. Such as when Faye brought her curling iron and scissors to style a resident's hair or when she brought snacks from home because she knew how happy it would make a resident. Faye recognized that music lifted the spirits of memory care residents, and realized we did not have any musical instruments in the department. As such, Faye and her husband donated an electric piano that is played frequently to the delight of our residents and families. We are thankful for her commitment and servant leadership. We miss you dearly, Faye!

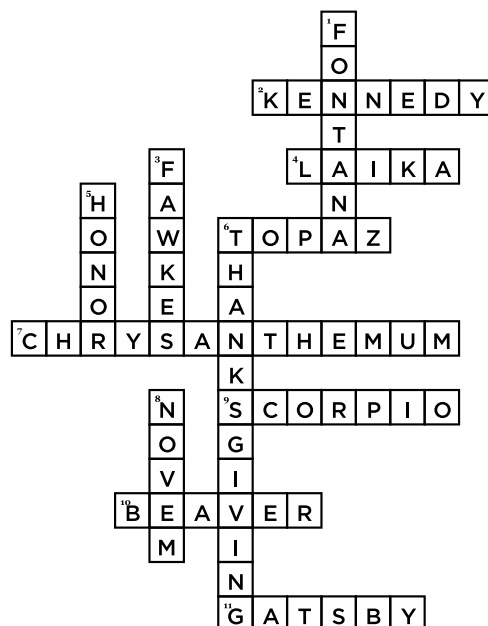
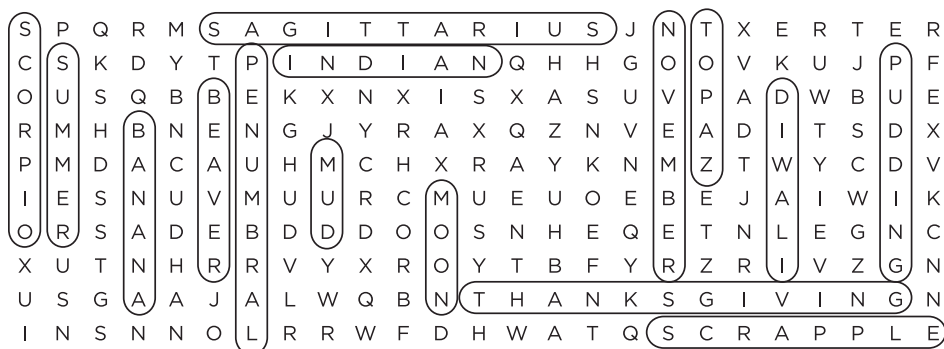
EMPLOYEE OF THE MONTH

Farrah Thacker

Farrah has been a Caregiver with Rosewood for two years. Primarily you will see her in our Assisted Living unit. She joined our family with over 20 years in the industry, and it really shows in all she does. A native of Lookout Valley, she graduated from Lookout Valley High School. When she has time off you might find her at her favorite fishing hole or at the local drag strip. She also enjoys camping, but her passion is her family and spending as much time as she can with her grandson.

Farrah was chosen as Employee of the Month because of her continued efforts and support during the pandemic. She works hard, doesn't call in, and is willing to assist wherever help is needed. She selflessly gives of her time and energy to make sure resident needs are met, treating them with respect and dignity. She is someone that can be counted on by her coworkers, residents, and supervisors. We are so lucky to have her on our team!

ANSWER KEY



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