WHAT'S COMING UP

December 1 Rosa Parks Day

December 4 National Cookie Day

December 7 National Pearl Harbor Remembrance Day

> **December 10** Nobel Prize Day

December 12 Gingerbread House Day

> **December 15** Bill of Rights Day

December 18 National Twin day

December 21 First Day of Winter

> **December 24** Christmas Eve

December 25 Christmas Day

December 31 New Year's Eve



DECEMBER 2022 NEWSLETTER



Happy Holidays to Wonderful Residents & Families,

It seems that once December is here our attention turns to the familiar holiday music, all the festive decorations, gifts to be exchanged, and time with family and friends. Growing up my dad would pull out the Kodak projector and show slides of all the kids from previous Christmas holidays...what a treat. Not only did the kids look different, but so did our parents. But the biggest difference for all of us was how we changed on the inside. I truly hope that you will experience some of your memories with your family during the Christmas season, so pull out the Christmas album and go down memory lane and see what you notice most.

I love all the preparation that goes into getting into the Christmas spirit. Rosewood will soon come alive with festive decorations that I hope you enjoy. We will all be able to sing carols around the huge Christmas Tree that will take center stage in the dining room.

I know that we are grateful for the most wonderful gift of all, the new baby born in a manger...Jesus. With this gift began one of history's most important events ever recorded, His impact on the world has forever changed civilization and His presence is still felt today!

Please remember during this holiday season to give the best Christmas gift ever, to share the gift of Salvation that is available to us all through Jesus Christ. It's free and it's a gift that will last for eternity.

Share a smile, and a merry Christmas greeting, and remember all the wonderful Rosewood care teams that made living at Rosewood a little easier and more enjoyable! We are grateful for each one of you and wish you and our caring staff the merriest Christmas of all!

God bless and keep you.

Greg Pflug, Executive Director



Buggin' Out

This activity was in honor of National Chocolate Covered Insect Day. We discussed how bugs are a delicacy around the world. After learning about the dishes, the residents created their own ladybug snack using Ritz crackers, cheese, tomatoes, candy eyes, and food coloring for dots. Residents also created an "ant on a log" snack. For this snack, they used celery, peanut butter, and raisins. This event was filled with good fellowship, yummy food, and lots of laughs.



Champy's Lunch Outing

Residents loaded up and went to Champy's in East Ridge to enjoy a lunch outing. While chicken sandwiches were the common lunch item among the residents, the conversation was the highlight of this lunch outing. All who attended enjoyed hearing Mary D. talk about her love of Elvis since there was a photo of Elvis near the table.



Pumpkin Party hosted by Amy and Sabrina with Hearth Hospice

Amy and Sabrina with Hearth Hospice really know how to throw a party! They showed up with many pumpkinflavored snacks, orange soda, and a great time. This was a great time for many to talk about Halloween and Thanksgiving fun. We finished the party with a movie matinee of *It's The Great Pumpkin Charlie Brown*. Thank you, Amy and Sabrina, as well as Hearth Hospice for the snacks and the time well spent.



Reverse Trick or Treating with He Rose Sunday School

What is reverse trick or treating you may ask. Well, let's explain it! Children from the He Rose Sunday School class at Peavine Baptist Church dressed up in their Halloween costumes and came to give the residents candy. The residents LOVED seeing all the children in their costumes and also all the treats. We really appreciate all the parents and children taking the time to do this for our Rosewood Community.



Ringgold Christmas Parade December 2nd at 5:45 pm

We will be loading up the Rosewood bus and joining the fun at the Ringgold Christmas Parade! Residents need to be in the Front Lobby at 4:15 pm to load up. There will be a sign-up sheet at the front desk. If you want to join do not delay signing up as there will be limited seating. Residents will be tossing candy to the crowd and just enjoying a night of fun for everyone!



Rosewood Christmas Parade December 7th at 3:30 pm

We will be having a Rosewood Christmas Parade! The day will begin with decorating all wheelchairs and walkers at 10:30 am, followed by the parade at 3:30 pm. Come up with your most creative ideas and decorate, decorate, decorate! Bring your best holiday cheer and join us for this wonderful time.



NIGHTSHINE Tour December 13th & 20th at 5:45 pm

On December 13th and 20th instead of the normal SUNSHINE tour, we will be taking a NIGHTSHINE tour. We will be going to see Christmas lights both nights so we get two nights of Christmas light joy. Everyone attending will need to sign up in the front lobby. Residents will be allowed to go twice if we have enough seats, however, if you go on the first night you are not guaranteed a spot on the second night. Don't forget to grab your jacket or sweater!



Grinch Party December 20th at 2:00 pm

Amy and Sabrina with Hearth Hospice will be coming to sponsor a Grinch Party. Everyone is invited to the Discovery Center to join us for a "GRINCH" of a time. The pumpkin party in November was such a great hit, this one is sure to be even better! Bring your heart three sizes TOO big and let's see what fun these ladies have to show us this time. We will finish the party with a movie matinee of *How The Grinch Stole Christmas*.



Secret Santa Party December 21st at 3:30 pm

On this day we will have a Secret Santa exchange. There will be wrapped gifts provided by Life Enrichment for everyone and everyone will choose a gift, then will draw the names of who the gift is to go to. Come and join us while we bring a smile to someone's face in our Rosewood community this season.



Rosewood Christmas Celebration December 23rd at 9:00 am

This day will be an all-day event that will allow us to celebrate Christmas with our Rosewood Family! We will be starting at 9:00 am with On This Day and ending with a music performance by Papa Sway. We will also be having a special reading of the Christmas Story and "Twas the Night Before Christmas." There will be Christmas bingo, reindeer games, and cookies as well. Come and enjoy the day with us as we celebrate Christmas together.



"New Year" Countdown Party

December 30th at 3:30 pm

We will be having a New Year Countdown starting at 3:30 pm and ending at 4:00 pm. Throughout the day we will have New Year activities and we will finish the day with a New Year Countdown. We will have sparkling soda, snacks, and just all-around good fellowship. We will also learn about how Dick Clark's New Year countdown came to be and how it became a household tradition for many.

Save the Date

Dec. 2nd — Ringgold Christmas Parade
Dec. 4th — National Cookie Day
Dec. 7th — Rosewood Christmas Parade

Dec. 21st — First Day of Winter
Dec. 25th — Christmas
Dec. 31st — New Year's Eve



Mildred "Midge" Brewer

This month's resident spotlight is Mildred "Midge" Brewer. She has been at Rosewood for over two years and is a regular activities attendee. Midge was born and raised in Ducktown, Tenn. She is the youngest of six children. Her father was an undertaker in town and owned two funeral homes. Her mother was a stay-at-home mom and Midge described as being a "wonderful mother."

Midge went to college at East Tennessee State College in Johnson City, Tenn., and "loved it." She majored in Education with a minor in Physical Education. Midge graduated college in 1956 and went right into teaching. She taught for 37 years both nationally and

internationally. She taught 1st and 3rd grades. She started teaching and retired from teaching in Florida. She also taught internationally in both Japan and Germany.

Midge's hobbies include trying new food, visiting people, and riding her Jazzy around the Rosewood campus. Before coming to Rosewood, Midge enjoyed traveling and had a vast list of visited places: Bahamas, Japan, Germany, and Alaska just to name a few. Midge also has a huge love for Mickey Mouse. She is affectionately known as "Midgey Mouse" for this exact reason.

Midge has enjoyed her time at Rosewood by riding around, meeting new people, and enjoying all the friends she has made here. She also said "I appreciate the ones who care for me. They all provide excellent care and deserve a big thank you!" Whether it's on her way to eat, participate in activities, or to visit friends, be sure to give Midge a warm hello.



Linda Cordell Zelpha Gossett Adrian Lewisson



Resident

Nell R. Carolyn T. Robert W. Imogene A. Patti S. Dec. 6th Dec. 10th Dec. 17th Dec. 20th Dec. 26th

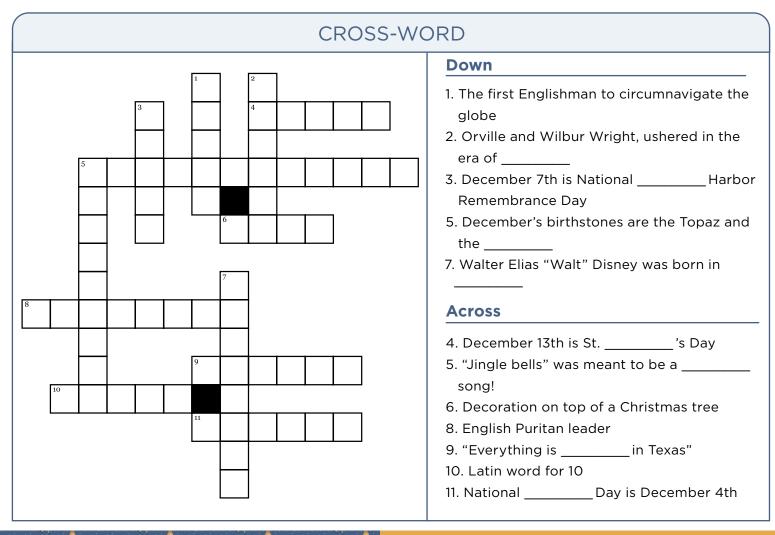
Leeann Chapman	Dec. 2nd
Lidia Watkins	Dec. 15th

Employee

FUN FACTS

- » The Anglo-Saxons called it "Winter monath" or "Yule monath" because of the custom of burning the Yule log around this time.
- » December's flower is the narcissus or holly. December's birthstones are turquoise, lapis lazuli, zircon, topaz (blue), or tanzanite.
- » Common decorations on a Christmas tree each have their specific meanings. Candles stand for the light of the world, the Star at the top is a reminder of the first Christmas night and candy canes represent the shepherd's cane.
- » "Jingle Bells" was composed in 1857, and not for Christmas it was meant to be a Thanksgiving song!
- » In 1647 Oliver Cromwell, an English Puritan leader, banned the festivities of Christmas for being seen as immoral on such a holy day. The ban was lifted in 1660.
- » An ancient legend states that forest animals can speak in human languages on Christmas Eve!
- » An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green, and sunny.

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EMPLOYEE RECOGNITION PROGRAM

Thank You,

for your outstanding service & care!

EMPLOYEE OF THE YEAR

Maria Medina



Maria has been an employee with Rosewood for over nine years. She works in our Personal Care department and is a model employee. She balances resident care, family needs, and department function with skill and professionalism. Maria is cherished among the residents. She always looks out for their best

interest and well being. Maria's primary duties include passing and recording prescribed medication. She may address wounds or other health issues as well. She is responsible for guiding the care staff and directing the daily function of her department. Maria works very hard to ensure the utmost standard for anyone in her care. She is always directing and promoting care staff to develop and execute the best care possible. Honest, reliable, and full of integrity are just three character traits that describe Maria and her work ethic. Her love for the residents is seen in everything that she does. She is praised weekly by residents, residents' families, and coworkers. Maria sets a very high bar with her abilities, and challenges those standards daily to make herself even better than the day before. She is strong in her purpose and dedicated to detail in everything she does. Maria is the very definition of Employee of the Year.

EMPLOYEE OF THE MONTH

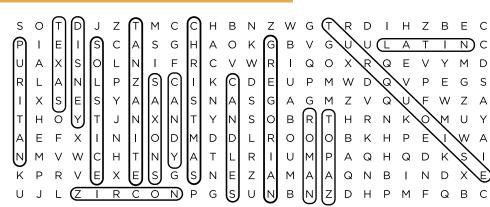
Farrah Thacker

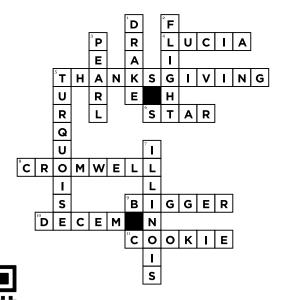


The Employee of the Month for December is Farrah Thacker. Farrah has been employed as a caregiver at Rosewood for 3 years. She loves her residents and the job she is able to perform.

Farrah has one daughter, one grandson who is six years old, and one dog. Farrah enjoys going to the park with her grandson and also spending time with her family. Thank you, Farrah, for the care you provide your residents.

ANSWER KEY

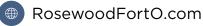




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