#### WHAT'S COMING UP

**February 1st** Black History Month Begins National Freedom Day

> **February 2nd** Groundhog Day

February 3rd Go Red Day

February 7th Rose Day

**February 9th** National Pizza Day

February 12th Super Bowl Sunday

> **February 14th** Valentine's Day

**February 15th** Remember the Maine Day

> **February 20th** Presidents' Day

February 21st Mardi Gras



# FEBRUARY 2023 NEWSLETTER



#### Dear Residents and Families,

February is such a special month. We celebrate the love we have for our children, families, friends, and community.

Valentine's Day is special in the Pflug family, my parents actually had their wedding on this day! I hope you find the day special too.

Some say there are seven days to Valentine's Day: Rose Day, Propose Day, Chocolate Day, Teddy Day, Promise Day, Kiss Day, Hug Day, and then Valentine's Day. Many Valentine's Day cards depict Cupid, the Roman god of love, and others are full of heart-shaped images.

Remember when we used to make Valentine's cards and give them to friends at school? Then, when we started dating, we gave a special Valentine and maybe a box of chocolates in the shape of a heart to someone special.

It has always been a day expressing how we feel and how much we love those in our lives that have added to our joy. We want to encourage all residents, families, and staff to share a Valentine's Day card with the folks here at Rosewood!

We are planning our first 2023 Family Night at Rosewood for February 16th and will be sending out invitations to residents and families in a few weeks. This will be a special night for dining with family and special entertainment. Love is in the air!

Please be my Valentine,

**Greg Pflug,** Executive Director



### Nightshine Tour - Christmas Lights

Several residents from our community loaded onto the bus two nights in December for a Nightshine Tour of Christmas lights. There were smiles and laughter all around. Thank you to the staff members who took time out of their night to help with loading and unloading the residents.



### **Grinch Party Hosted By Hearth Hospice**

The wonderful Hearth Hospice team came out and put on a Grinch Party! The residents and family members enjoyed it so much. Residents really enjoyed the food and the engagement. Thank you to Hearth Hospice for your time and hard work.



### **Candlelight Dinner**

Rosewood residents had a great evening at our Candlelight Dinner. The Christ First Church's choir from Lafayette, GA sang for everyone in attendance. Resident Betty Wheeler recited from the Bible and also sang "Go Tell It On The Mountain." Prime rib was on the menu and all of our Rosewood Directors came out to help serve the residents.



# New Year Countdown Party

Staff, family members, and Rosewood residents attended our New Year Countdown Party and really had a blast. Everyone learned about New Year celebrations around the world, wore 2023 glasses, blew kazoos, wore 2023 necklaces, and also drank sparkling grape juice. We watched the clock and once it struck 4 pm we rang in 2023.



#### **Pizza Party** February 9th at 3:00 pm

Join Life Enrichment as we throw a pizza party for National Pizza Day. Residents and staff are invited to attend. We will also have a history of how pizza gained such notoriety and what makes it an American staple today. Who doesn't love pizza? So, come and grab a slice!



## **Rosewood Market** February 10th at 1:00 pm

It's time again for our monthly Rosewood Market. Come spend your hard-earned Rosewood Rubies! We will have plenty of personal care items, snacks, drinks, and of course entertainment items. So, bring those rubies and walk away with an arm full of goodies!



## **Sweetheart Extravaganza** February 16th at 5:00 pm

Families and residents are invited to join us for a Valentine's family night of fun and engagement. This is our first family night of 2023! We will have live entertainment, a wonderfully prepared meal, and a DJ! There will be an RSVP to come for families!



# Mardi Gras Celebration February 21st at 3:00 pm

Pathways residents will be having a Mardi Gras celebration with King Cake and a parade in the spirit of the day. Everyone bring your best Bourbon Street attitude and join in on the fun!



**Retro Day** February 27th All Day

Join Life Enrichment as we throw it back to the 50s and 60s for our Retro Day. We will learn about entertainers and the music of the time including Elvis's history, Elvis's favorite food taste test, and more. We will have a Retro Day dress-up as well. Break out those poodle skirts and rolled jeans for a day of fun, twists, and shouts.



# **February Birthday Party** February 28th at 3:30 pm

We will host our monthly birthday party in the Discovery Center. Join us as we celebrate those residents, and there are many, who celebrated another year around the sun. Birthdays are a time of fun and fellowship, let's make this the biggest and best birthday party Rosewood has seen!



### Armchair Travels in Pathways See Calendar

Pathways residents will enjoy a new activity introduced for the month of February. Each week residents will travel from the comfort of their chairs to a new state or country. Let's travel in Pathways without the hassle of expense and fighting the airport crowd!

Save the Date

Feb. 2nd — Groundhog Day
Feb. 4th — World Cancer Day
Feb. 7th — Rose Day

Feb. 12th — Super Bowl Sunday
Feb. 20th — Presidents' Day
Feb. 21st — Mardi Gras



#### **Fred Tucker**

This month's resident spotlight is Fred Tucker, who has lived in Rosewood for 15 months. He has a great smile, a helping hand, and a warm heart for those new and old in the community.

Fred was born in Pascagoula, Mississippi, but has lived in the Chattanooga area his entire life. He has an Associate's Degree and worked in the Redi Mix Concrete industry for 40 years. He was also in the Army for 6 years as part of a Security Agency. Fred shared he worked six days a week and had no time for hobbies, but was a member of the East Lake Lions Club, Masons, Scottish Rites, and Shriners.

Fred was married twice and while he has no biological children of his own, he does have two children who he says adopted him. They have six children between them, who are no doubt a light to Fred's eyes.

He has two cats who live with him at Rosewood and their names are Ruthie and Sara Jo. His smile can be seen for miles, and he has really made strides to help with resident engagement in activities (growing the BINGO table)!

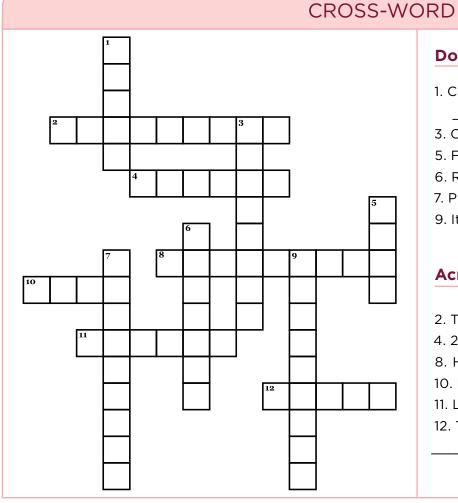
Thank you, Fred, not only for your military service but for always engaging and welcoming residents to our community. This is what Fred had to say about his favorite part of the Rosewood community: "The people, the relationships, and to not be lonely."

| Happy 🌮<br>birthday                        | » |  |  |  |  |  |  |  |
|--|---|--|--|--|--|--|--|--|
| birthday                                   |   |  |  |  |  |  |  |  |
| Resident                                   | » |  |  |  |  |  |  |  |
| Earlene F. Feb. 1st                        | » |  |  |  |  |  |  |  |
| Luther A. Feb. 1st<br>Mary Ann S. Feb. 4th | » |  |  |  |  |  |  |  |
| Rita R. Feb. 12th<br>Wesley B. Feb. 13th   | » |  |  |  |  |  |  |  |
| Charles J. Feb. 27th                       |   |  |  |  |  |  |  |  |
| ملو  |   |  |  |  |  |  |  |  |
|  | » |  |  |  |  |  |  |  |
| WELCOME NEW                                |   |  |  |  |  |  |  |  |
| RESIDENTS! 🏠                               | » |  |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |  |
| Margaret Gravitt                           |   |  |  |  |  |  |  |  |
| Mary Mahon<br>Katie Ryan                   |   |  |  |  |  |  |  |  |
| Mary North                                 |   |  |  |  |  |  |  |  |
| Helen Murray                               |   |  |  |  |  |  |  |  |
| Phil Jenkins                               |   |  |  |  |  |  |  |  |
| Edna Seabolt                               |   |  |  |  |  |  |  |  |
| Mary Guglicardi                            |   |  |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |  |

# FUN FACTS

- » In February 1893, Thomas A. Edison finished the construction of the first motion picture studio, the *Black Maria* located in West Orange, New Jersey.
- » The second full-length animated Walt Disney film, *Pinocchio*, premiered on February 7, 1940.
- » In 1972, the first hospital in the United States, Pennsylvania Hospital, opened on February 11th.
- » On February 2, 1848, U.S. and Mexico signed the Treaty of Guadalupe Hidalgo ending their war.
- » February is the only month in the year that could miss having a full moon. Some months get a blue moon (two full moons in a month), and February often ends up with none! When it does have a full moon, it's known as the Snow Moon.
- » On February 20, 1962, John Hershel Glenn Jr. successfully went into space aboard the Friendship 7 spacecraft on the first orbital flight by an American astronaut.
- » February 1st marks the Lunar New Year, also known as Chinese New Year. This year is the Year of the Rabbit!
- » Writing "letters to Juliet" has become a Valentine's Day tradition for many and even inspired the 2010 film Letters to Juliet. Around Valentine's Day, thousands of letters addressed to the "Romeo and Juliet" character Juliet Capulet are mailed to Verona, Italy.
- » The Germans started the whole Groundhog Day thing. Yes, the see-hisshadow-or-not concept stems from Germany and the holiday Candlemas. Early European Christians believed if the sun came out on Candlemas, also February 2nd, winter would last for six more weeks.

| WORD FIND |   |   |   |          |   |   |   |   |           |   |   |   |   |           |   |   |   |   |   |          |   |   |   |   |
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| FEBRUARY  |   |   |   | MOON     |   |   |   |   | LEAP      |   |   |   |   | PINOCCHIO |   |   |   |   |   | ROMANCE  |   |   |   |   |
| PISCES    |   |   |   | AMETHYST |   |   |   |   | GROUNDHOG |   |   |   |   | OXFORD    |   |   |   |   |   | PRIMROSE |   |   |   |   |
| CHOCOLATE |   |   |   | VIOLET   |   |   |   |   | RABBIT    |   |   |   |   | WINTER    |   |   |   |   |   | AQUARIUS |   |   |   |   |



#### Down

- 1. Chinese New Year is also known as the New Year
- 3. One of February's birth flowers
- 5. Full moon in February name
- 6. Roses are red \_\_\_\_\_are blue
- 7. Punxsutawney Phil's kind
- 9. It comes in a heart-shaped box

#### Across

- 2. Treaty of \_\_\_\_\_ Hidalgo
- 4. 2023 is the year of the \_\_\_\_\_
- 8. His nose grows when lying
- 10. Leap Year occurs every \_\_\_\_\_years
- 11. Letters to \_\_\_\_\_
- 12. The first motion picture studio,

Maria



# **Thank You,** for your outstanding service & care!

# EMPLOYEE OF THE YEAR

#### **Cindy Romines**



Cindy has been an employee with Rosewood for almost three years. She is our Business Office Manager. Cindy was unsure about accepting this position, so she asked God to send her a sign. Well, He answered in the form of a white van with a big "YES!" right on the side.

She started as the receptionist — helping residents and their families. She is dependable, compassionate, understanding, loving, and prayerful. She is easy to talk to and helps everyone. Cindy enjoys studying the Bible and collecting old Bibles to compare to others. Her prayer closet is her car where she journals, talks to God, and prays for everyone.

Cindy has 4 children, 13 grandchildren, and has been married for 18 years. Thank you, Cindy, for your prayers, encouragement, listening ear, helping hand, and caring attitude. We are so glad to have you in our community. You are the epitome of what an Employee of the Year should be.

#### EMPLOYEE OF THE MONTH

#### Jackie Sanford



Jackie has been employed as a Med-Tech at Rosewood for almost two years. She is a hard worker who loves her residents and her job.

Jackie is a CMA as well as a certified Manicurist! Her

hobbies include singing, playing games, sewing, and doing nails. She has three children, ten grandchildren, and has lived in Chattanooga, TN her entire life.

Jackie always listens, works hard, and takes great care of her residents. Engagement in community activities and other happenings is something she believes strongly in. Jackie always has our residents' best interests at heart.

Thank you, Jackie, for taking great care of our residents, working hard, and being an allaround great employee.

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#### ANSWER KEY

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