WHAT'S COMING UP

May 1st May Day

May 4th National Day of Prayer

> May 5th Cinco de Mayo

May 14th Mother's Day

May 24th National Brother's Day

May 28th National Hamburger Day

> May 29th Memorial Day

May 31st National Senior Health and Fitness Day



MAY 2023 NEWSLETTER



Dear Residents and Families,

Rosewood is privileged to care for so many mothers who live in our community. They are a constant source of wisdom, love, and caring. Take some time to listen and share your experiences with your mom or other moms that have had a positive influence on your life.

God has endowed mothers with such a special role. We wish all the mothers at Rosewood a Happy Mother's Day that will bring fond memories and lots of love.

"My Mother kept a garden, A garden of the heart.

She planted all the good things, That gave my life its start.

She turned me to the sunshine, And encouraged me to dream.

Fostering and nurturing, The seeds of self-esteem.

And when the winds and rain came, She protected me enough.

But not too much because she knew, I'd need to stand up strong and tough.

Her constant good example, Always taught me right from wrong.

Markers for my pathway, That will last a lifetime long.

I am my Mother's garden, I am her legacy.

And I hope today she feels the love, Reflected back from me."

-Author Unknown

Greg Pflug, Executive Director



Easter Egg Hunt

Our residents enjoyed hunting eggs and seeing the Easter Bunny. Thank you to Tapestry Hospice for the eggs, the prizes for the staff, and for sending the bunny for our residents. There were so many smiles, especially from our Pathways Residents!



Community Bingo

We were invited to a multi-community bingo game by a local rehab facility. They invited five assisted living communities and we all had a great time. Life Care of East Ridge showed us such hospitality, they had a huge prize table and snacks galore!



National Crayon Day

We had a Crayon Day activity in Pathways! Hearth Hospice brought crayons and coloring sheets for all the residents to enjoy. Our Pathways residents had a great time and loved the idea of there being a day set aside for crayons.



Muffin Monday

Tapestry Hospice brought muffins, fruit, and juice for Rosewood residents. Simple acts are often the best acts. It is the small things that often make the most difference in the life of our residents!



Cinco de Mayo May 5th

We will celebrate Cinco de Mayo all day with many activities. For example, we will start the day with some Cinco de Mayo history and end with delicious foods to taste. Join us, we are sure to have an awesome time!



Mother's Day Tea May 12th at 1:00 p.m.

We will be having a Mother's Day Tea with light snacks, fellowship, a special guest speaker, and of course tea! We will send out an email to invite everyone's children. Let's show our Rosewood mothers just how much they mean to us!



Rosewood Market May 15th at 1:00 p.m.

We will be having our Rosewood Market again, so come to the Discovery Center and spend those hard-earned Rosewood Rubies!



Lunch Outing May 18th at 11:30 a.m.

Join Life Enrichment as we load up the bus for a time of fellowship and good food. If you have not been on one of our lunch trips, now's the perfect time to give it a try! Come and be a part of the fun!



Resident Council May 24th at 3:30 p.m.

Join us for our monthly Resident Council meeting. These meetings are for community updates, concerns, cares, and any news you would like to share. Please, make every effort to come!



New Resident Coffee Social May 26th at 10:30 a.m.

Starting in May, on the last Friday of each month, we will have a coffee social with all of our new residents who moved in that month. On Friday the 26th at 10:30 a.m. meet us in the Discovery Center to take the time to really get to know our new residents.



Food Council May 26th at 1:30 p.m.

Join us for our monthly Food Council meeting. There were many positive responses to the changes made, and residents offered great feedback on items discussed. Residents, remember this is your time with Conrad to address any concerns or questions you may have regarding dining or your dining staff.



Laura Raulston

Laura Raulston is our resident spotlight for May! Laura has lived here in Rosewood since 2010. Laura has a beautiful smile, attitude, and a precious heart. She was married to Henry Raulston Jr. They had three children, six grandchildren, and four great-grandchildren.

Laura was born in Mt. Juliet, TN. She was a farm owner, teacher, principal, and also a school superintendent! She has earned many accolades in education over the years. Her hobbies include photography, quilting, hiking, raising children, and horseback riding.

Laura is also an award-winning horseback rider! She bought her first horse with her first paycheck.

Laura's favorite part of being here at Rosewood is getting to enjoy the animals that are brought from the zoo each month. Laura's favorite quote is, "It is not how much money you make, it is what you do with it." We appreciate your kindness and we are so glad that you are a part of our community. Keep being you!



Margaret Killen	May 10th
Lynn Wemmer	May 14th
Mary Dixon	May 19th
Florene Sturgill	May 20th
Edna Seabolt	May 21st
Fred Creech	May 25th
Betty Boldt	May 29th
Clara Humphrey	May 31st

Employee

Amanda Lara	May 8th
Amy Breeden-Harris	May 9th
Haley Mitchell	May 11th
Chloe Crumbley	May 12th
Mayci Miller	May 12th
Hannah Schaal	May 19th
Alma Bell	May 21st
Farrah Thacker	May 28th
Natasha Skinner	May 31st

WELCOME NEW RESIDENTS!

Mary Ard	Lawrence Evans
Jimmy Hannah	Peggy Young

FUN FACTS

- » May used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!
- » The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world.
- » The birthstone for May is the emerald. Emeralds are symbols of fertility and rebirth.

ANNOUNCEMENT

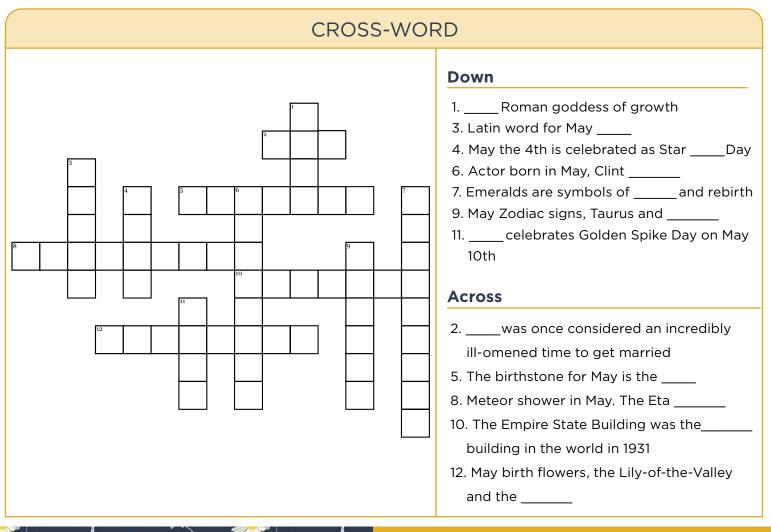


It's almost time to sit on the front porch on a warm day with the breeze blowing and the sun shining. Oh, sweet summer days! This photo is proof that a little bit of sunshine can bring the best of friends together in one place— a porch filled with rocking chairs.

We are always excited to see our established residents take new residents under their wing and help them feel at home here at Rosewood.

While we are excited about the coming warm months, **please remember** when entering the parking lot that residents are walking and riding **about.** The residents really enjoy being outside and it is very much encouraged. Please be aware that they will be around and we want to avoid any accidents. Thank you for your help!

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Thank You, for your outstanding service & care!

EMPLOYEE OF THE YEAR

Cindy Romines



Cindy has been an employee with Rosewood for almost three years. She is our Business Office Manager. She started as the receptionist — helping residents and their families. She is dependable, compassionate, understanding, loving, and

prayerful. She is easy to talk to and helps everyone. Cindy enjoys studying the Bible. Her prayer closet is her car where she journals, talks to God, and prays for everyone.

Cindy has 4 children, 13 grandchildren, and has been married for 18 years. Thank you, Cindy, for your prayers, encouragement, listening ear, helping hand, and caring attitude. We are so glad to have you in our community. You are the epitome of what an Employee of the Year should be.

EMPLOYEE OF THE MONTH

Amy Breeden-Harris



Our employee of the month for May is Amy Breeden-Harris. Amy has been a housekeeper here at Rosewood for almost three years. She is a jack of all trades here in our community. She is always willing to help with a bright smile, she is such a hard worker.

Amy enjoys spending time with her four children, thrifting, and swimming. Some of her favorite things include Taco Bell, tulips, and drinking lemonade. At work, she enjoys visiting with the residents. When asked what her favorite thing is about working at Rosewood her response was, "The residents and my amazing co-workers." Amy, we here at Rosewood want to take the time to thank you for all of your hard work and dedication!

ANSWER KEY

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