WHAT'S COMING UP

August 2nd National Ice Cream Sandwich Day

August 3rd National Watermelon Day

August 6th National Root Beer Float Day

> **August 7th** Purple Heart Day

August 9th National Book Lovers Day

August 14th Navajo Code Talkers Day

August 15th National Relaxation Day

August 16th National Tell a Joke Day

August 19th World Humanitarian Day

August 24th National Peach Pie Day

August 26th Women's Equality Day

> August 31st Eat Outside Day



AUGUST 2023 NEWSLETTER



Dear Residents, Families, and Friends,

I hope this letter finds you in good health and high spirits as we enter the vibrant month of August.

We are thrilled to have been honored as Community of the Month out of all our sister communities in 3 different states! This recognition is on behalf of the wonderful residents and staff that we have at Rosewood. We are truly grateful for this recognition. To celebrate, the senior leadership from the home office will be here on August 23rd to grill some hot dogs and serve delicious sides and desserts to all of our residents and staff and their families. We will have musical entertainment, a Kona Snowball truck, and a petting zoo. We'll send everyone an invite once we get closer to the date. We can't wait to celebrate this honor with you!

Also, I wanted to take a moment to recognize all who have been named Rosewood's Employees of the Month. We review our employees each month to honor one person that has made a special effort in service to our residents and to their fellow teammates. This person has made significant contributions to our community, embodies our core values and assists us in driving our mission of service forward. We are proud that this program has been in effect for so long, and we hope to acknowledge their commitment to excellence and passion for care.

Finally, I want to make special mention of our Dietary Team, led by Director Conrad Gregory. The Health Department recently concluded their inspection and our team earned a score of 100. There are so many aspects to monitor daily in a commercial kitchen, and it is no easy task to serve close to 360 meals each day. This achievement is a testimony to their hard work and attention to detail while serving our residents, families, and staff. Congrats to the team!

Greg Pflug,

Executive Director

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

*Referring residents will be paid out 90 days from the move-in date.



Father's Day BBQ

We had over 50 residents and guests attend our Father's Day BBQ. We enjoyed catered BBQ from Choo-Choo BBQ in Chickamauga, GA, as well as trivia, jokes and prizes. It was a time for laughter and fellowship. Thank you to everyone who helped with this event. We can't wait to see what next year brings!



Pet Therapy with Sassy

Rosewood residents always enjoy a visit from Sassy, our new pet therapy dog. Her owner brings her every other week and she has made quite the reputation for herself! Everyone lights up when they see her and she is such a joy to have in our community.



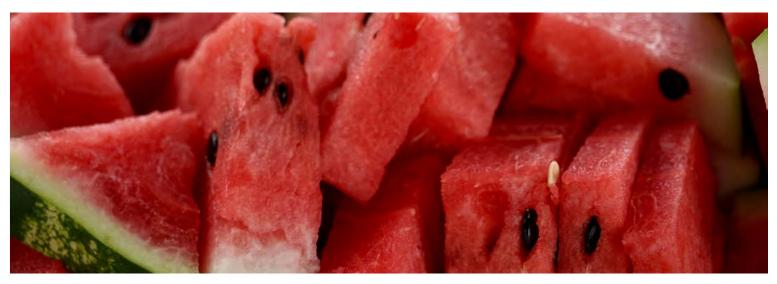
CNA Week

Rosewood celebrated our CNA/Care staff with a cookout provided by Rhonda, Scott and Tonya. Thank you for the hard work you all provide our residents and our community! Also, thank you to Hearth Hospice for providing the Kona Ice Truck for our staff to enjoy. It was a huge hit, especially on a hot day.



Bundles of Joy Delivery

Sabrina with Hearth Hospice delivered some babies to our Pathways residents as part of their "Bundles of Joy Babies Program." This delivery warmed the hearts of each resident who was given a baby.



Watermelon Day August 3rd, All Day

Join Life Enrichment as we celebrate Watermelon Day. We will begin the day with a watermelon history lesson and fun facts, then end the day with a Rosewood wide watermelon feast! Come out and celebrate with us as we enjoy America's favorite summertime treat.



Zumba with Portia Knowles August 9th and 23rd at 10:00 am

We will have Zumba class on the 2nd and 4th Wednesday of each month. Join Portia as she demonstrates the value of good movement and stretching! This is a workout everyone can enjoy. Come and bring a friend.



Sunshine Tours August 15 at 1:00 pm

Our weekly Sunshine Tours are back on Tuesday August 15, 2023 at 1:00 pm! We will load up in the Rosewood van on most Tuesdays and Thursdays during the month to go to different destinations. There will only be space for three residents at a time, but we will have a sign up sheet for everyone who would like to go during the course of the month. Life Enrichment cannot wait to get back on the road with you all! At this time you must be able to transfer in and out of the vehicle without assistance. Van is not wheelchair accessible.



Rosewood Market August 22nd and 25th at 1:00 pm

Join Life Enrichment for our monthly Rosewood Market where you spend those prized Rosewood Rubies. Come to the Discovery Center for personal items, household items, snacks, etc.



Freddy's Frozen Custard & Steakburgers Lunch

August 24th at 11:30 am

We will head to Freddy's Frozen Custard & Steakburgers for our monthly lunch outing. Freddy's is a new restaurant near us, so come along and see what all the hype is about! Experience great food and fellowship.



Resident Council and Food Council Meetings

August 28th & 31st

Join Life Enrichment on Monday, August 28th, at 3:30 pm in the Discovery Center where we will discuss community updates, announcements and any concerns within our community. Join Conrad Gregory, our Food Service Director, on Thursday, August 31st, at 1:30 pm in the Discovery Center to discuss our food and dining experience. This meeting is for residents to address any concerns or give suggestions for dining at Rosewood. These meetings are for all residents and we especially encourage all new residents to attend.

August Birthday Party

August 31st at 3:30 pm

Meet us in the Discovery Center and Pathways for our monthly birthday party! This party will take place directly following BINGO. We love birthdays here at Rosewood and have some major ones coming this month. We have a resident that will turn 109! Come out and celebrate your fellow Rosewood Residents!





Resident

Norma Hulsey	Aug. 2
Penny Gamble	Aug. 6
Peggy Coppock	Aug. 8
Perry St.John	Aug. 10
Cora McDaniel	Aug. 12
Mary Rollins	Aug. 15
Tom Miller	Aug. 20
Jack Padgett	Aug. 20
Marjorie Robinson	Aug. 21
Beverly Thompson	Aug. 23
Martha Henry	Aug. 25
Mary Ard	Aug. 26
Shirley Hix	Aug. 29

Employee

5

Earl Clowers	Aug. 1
Kristal Williams	Aug. 1
Rhonda Sharp	Aug. 2
Karen Robinson	Aug. 9
Deshunna Bennett	Aug. 11
Cheryl Grimes	Aug. 18
Tonya Sizemore	Aug. 20
Margaret Webster	Aug. 27
Laura Neely	Aug. 28
Jackie Sanders	Aug. 31

Mary Rollins

Our resident spotlight for the month of August is Mary Rollins. Mary has lived in Rosewood since May of this year. She is already a regular at Devotion and Bingo. She and her husband, Thomas, were married for 74 years. They have two children, two grandchildren and two great grandchildren.

Mary worked at a shirt factory in Altamont for 20 years. She enjoys playing Skip Bo, and a few of her favorite things include Chick-fil-A, sweet tea, and pink roses. When asked about what she enjoys most here at Rosewood, she said that she loves going to Devotion with Ricky. She also said, "The people here at Rosewood are nice and friendly." Mary, we thank you for your kindness and your welcoming smile. We are glad that you are a part of our Rosewood Family.

COMMUNITY STORY

Rosewood has received Community of the Month out of all 7 Regency communities! This is a huge recognition, and we would like to extend thanks to our residents, families, front line staff, and our management team. It takes a family to have great success, and Rosewood is the best family around! In response to our recognition, Jeff Clay, Regency COO, said, "We want to recognize and thank our outstanding



employees at The Rosewood for a job well done each and every day!"



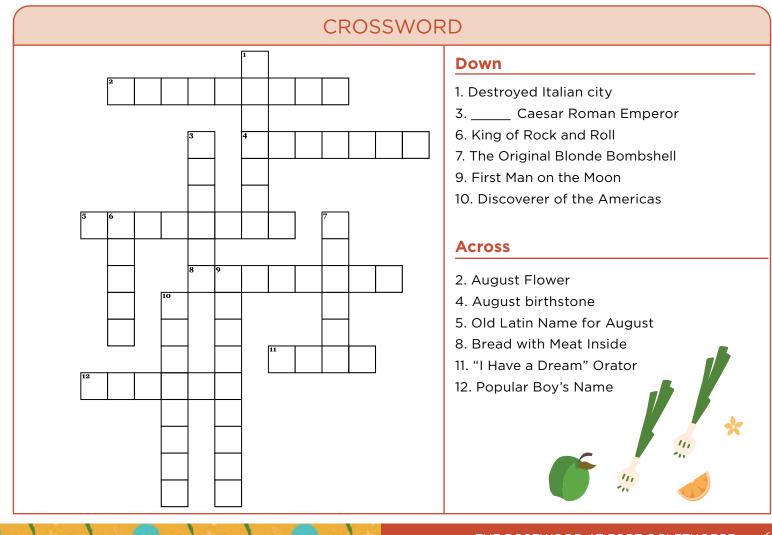
On top of this recognition, I'd also like to highlight the new pet therapy program with electronic cats and dogs in our Pathways department. These electronic pets not only alleviate stress, but they also help with language barriers, reduce the need for medications, and they also promote healthier lifestyles by encouraging movement. These electronic pets help families as well, by providing a way to connect with their loved ones who are suffering in the advanced stages of Dementia or Alzheimer's. If you have

a loved one in Pathways, we suggest taking some time to get familiar with our Pet Therapy Program. Kristy Kelley, Life Enrichment Coordinator, has already made some great strides in introducing the program and has had a phenomenal response so far. Come visit and see what this program is about!

Lastly, I'd like to mention our iN2L System and its use for families. The system we use for most of our activities is called iN2L (It's Never Too Late). This system can be used for one on one time with your loved one through the use of our iN2L tablets. iN2L is a great source of worship, devotion, exercise, games, travel, crafts and recipes. If you or your loved one have any questions, please feel free to reach out to Life Enrichment Director Kristal Williams.



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Thank You, for your outstanding service & care!

Stay Connected!

Join Our Facebook Group

Did you know Facebook has almost 3 billion users? Don't get lost in the crowd — join our Friends & Family group by scanning the QR Code below!



EMPLOYEE OF THE MONTH

Amanda Downs



Our Employee of the Month for August is Amanda Downs. Amanda is a 3rd shift CMA/ CNA who has been employed here at Rosewood for 5 years. Amanda has two kids, one of them working at Rosewood alongside her, and she enjoys spending time with friends and family. Some of her favorite things include Reese's

cups and Dr. Pepper. When asked about what she enjoyed the most about working at Rosewood, she said, "I love my co-workers and being with my residents." Amanda, thank you for always showing what it takes to be Employee of the Month. We appreciate all the hard work you do for your residents and your co-workers. Thank you from Rosewood!

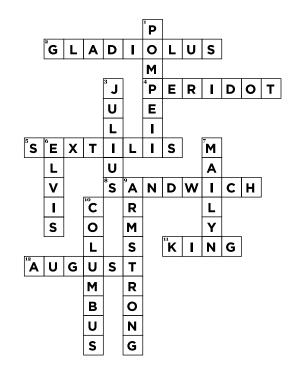
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