

WHAT'S COMING UP

September 4th

National Wildlife Day
Labor Day

September 5th

International Day of Charity

September 6th

National Read a Book Day

September 8th

World Physical Therapy Day

September 9th

International Sudoku Day

September 10th

Grandparents' Day

September 11th

Patriot Day

September 15th

POW/MIA Recognition Day
Rosh Hashanah

September 16th

National Trail of Tears
Commemoration Day

September 21st

World Alzheimer's Day
World Gratitude Day

September 22nd

Native American Day
Falls Prevention Awareness
Day

September 23rd

Fall Equinox

September 25th

National Cooking Day

September 28th

National Good Neighbor Day

SEPTEMBER 2023 NEWSLETTER



Greetings Dear Residents and Families,

September is an interesting month. It usually coincides with our kids and grandchildren returning to school and allows families to get re-connected with their loved ones. We have a lot of birthdays this month, but what about some from the past:

- » Queen Elizabeth I of England, born Sept. 7th and helped promote the English renaissance
- » Leo Tolstoy, born Sept. 9th, and wrote the famous novel "War and Peace"
- » JRR Tolkien, born Sept. 3rd, and wrote the fantasy novel "The Hobbit" and the Lord of the Rings trilogy
- » Sophia Loren, born Sept. 20th, an Italian actress who was known for her beauty and roles in many films

Then we have all our wonderful residents, who provide a lasting legacy with their humor, love and kindness. We wish all of them a happy birthday and look forward to celebrating with them this month with a giant birthday cake! So if you're around please join us for some fun and singing the "Happy Birthday" song...always on key!

We hope that fall will bring some pleasant weather, making it an ideal time for sitting outside on one of the many patios at Rosewood. I often see several residents who've found these ideal spots to enjoy conversation, nature and observing many fine feathered creatures. I know that our Enrichment department has held many watermelon and lemonade outings on the main patio. Seems like the perfect place to make new friends!

We are also preparing for that time of year where we get our flu and pneumonia shots. Your consent form will need to be on file to get any shot given by our medical team. We will inform you of the date and time as we get closer sometime in October. We can also make COVID Boosters available if requested. Please consider these as we want everyone to stay healthy.

Thanks goes out to our wonderful staff, they want to do their best for you every day! Thanks for making them feel appreciated as we appreciate each one of you.

Greg Pflug,
Executive Director



Kona Ice Truck Visit

Residents, staff, family members, and our C.O.O. enjoyed a visit from the Kona Ice Truck. We could not think of a better way to stay cool in the summer heat. We had 92 individuals served! You can never beat a great frozen treat, friends and fellowship.



Klondike Day with Hearth Hospice

Pathways residents had a great time enjoying Klondike Day. There were funny faces, funny stories and a great time from all of our Pathways residents. What would you do for a Klondike bar? Well, some residents made a funny face, wore funny glasses and also wore a funny hat. Thank you to Sabrina with Hearth Hospice for working so hard to make sure that we had a great time.



Suncatchers with Tapestry Hospice

Andrea with Tapestry Hospice provided an awesome suncatcher activity. It was a huge hit and we have some of the cutest suncatchers now hanging in our Discovery Center. We always want to say a big thank you to our hospice groups who take the time to not only engage with their residents, but ALL of our residents. So, thank you!



FUNtastic Friday Dress Up

The dress up theme for FUNtastic Friday in August was “The ‘90s”. We had huge staff participation and the residents really enjoyed seeing everyone dressed up and having a great time. We also had a staff vote for November’s dress up theme!





Sunshine Tours

Tuesdays & Thursdays at 1:00 pm

Every Tuesday and Thursday we will be leaving the community for our SUNSHINE TOURS! We are so glad that they are back in progress. Sometimes we get off the bus, sometimes we don't — it all depends on our destination! We are so glad to welcome our new bus driver, Cindy Coots. We are so glad to be able to offer this outing to our residents. The Life Enrichment department encourages everyone to sign up and tag along.



National Assisted Living Week

September 11th through the 15th

It is that time of year! Our annual National Assisted Living Week celebration is back. The theme for the week is "Season of Reflection." It is a time for us to reflect on those who work, live, serve and volunteer in our community. We will have a different department on whom we are celebrating each day. So many fun activities are in the works and we hope that you will make every effort to attend!



What's Cooking Wednesday

September 13th

The theme for this month's What's Cooking Wednesday is pirate! Ahoy Mateys! Climb aboard our ship of pirates here at Rosewood and see what Captain Conrad is cooking up for us. Rumor on the ship is that Captain Conrad may be cooking up some fish and chips. Join us for a time of food and fellowship. We promise we won't throw you overboard!



Lunch Outing to Applebee's September 21st at 11:30 am

Join the Life Enrichment department as we take our monthly lunch outing to Applebee's. As always, the sign up sheet will be at the front desk. Our lunch outings are always a great time with wonderful food and fellowship. We encourage everyone who would like to sign up. If you plan on signing up, invite a friend as well!



Resident Council September 25th at 3:30 pm

Join Life Enrichment for our monthly resident council meeting. We will do as we always do and begin directly after BINGO. **New residents, this is a meeting for all Rosewood residents and is located in the Discovery Center. There is no set group of residents, we welcome everyone who lives here at Rosewood.** This is a time to be informed of departmental updates, address concerns, offer suggestions and praise! Join so you are up to date on all things Rosewood.



End of Summer Ice Cream Social

September 22nd at 1:00 pm

The Life Enrichment department will be ending summer with some homemade vanilla ice cream. We will have many toppings for you to choose from! **AL/PC residents: you will enjoy your ice cream in the discovery center and all pathways residents will have ice cream as well.** We want this to be a fun time with a nice, cool treat. Join us for this "sweet" end to summer!



Food Council September 28th at 1:30 pm

Join Chef Conrad for his monthly food council meeting. The food council meeting is always located in the Discovery Center. New residents, you are also encouraged to come to this meeting as this is your time to offer suggestions, hear of menu changes, address any concerns or offer praise for the Food Service Department and to meet with Conrad directly. Just as with the resident council, there is no set group of people. Join Conrad to be up to date on your Food Service Department. **FYI: food service related matters are not addressed at resident council.**



William "Connie" Pharr

Our resident spotlight for September is William "Connie" Pharr. Connie, as he prefers to be addressed, has lived here at Rosewood for almost six weeks. In this time he has acclimated quite well to our community, met many friends, offered a kind smile, invited others to activities, and has also helped new residents get adjusted.

Connie worked as a parts manager at a Chrysler dealership for over 50 years. He is a veteran who served in the Army for two years. Connie is a former baseball and football player who now enjoys a mean game of BINGO.

Connie was married to his wife Velma for 71 years and they share four children, five grandkids and seven great-grandkids. Some of his favorite things include filet mignon, cherries and popcorn.

Here at Rosewood, Connie enjoys playing cards with his friends. When asked what he enjoys most about living here, Connie said, "I love everything from the food to the residents, as well as the staff."

Connie, thank you for your interest in things going on in your community and always being a help to others!

Happy Birthday



Resident

Russell Earp	Sept. 3rd
Roger Martin	Sept. 7th
Mary Gagliardi	Sept. 8th
Mary North	Sept. 11th
Ted Phillips	Sept. 20th
Poppy Blaes	Sept. 22nd
Maggie Rose	Sept. 22nd
Warren White	Sept. 23rd
Roger Kirby	Sept. 24th
Ken Venters	Sept. 24th
Joy Martin	Sept. 27th

Employee

Liz Masters	Sept. 4th
Jenny Bullard	Sept. 7th
Deborah Evans	Sept. 7th
Allison Head	Sept. 13th
Martha Marsh	Sept. 13th

WELCOME NEW RESIDENTS!

Barbara Rule
Jane Dawkins

Richard Stern
Elise Cochran

Mike Parson
Janet Wood

National Assisted Living Week "Seasons of Reflection"

Monday, September 11th

CNA/Caregiver Appreciation Day

Tuesday, September 12th

Nurse/Med-Tech Appreciation Day

Wednesday, September 13th

Hospice/Chaplain Appreciation Day

Thursday, September 14th

Staff/Director Appreciation Day

Friday, September 15th

Resident/Family Appreciation Day

Life Enrichment will give further details closer to assisted living week on what we will be on the schedule for each day. Staff will have many opportunities to join in on the fun as well as our residents. We want this week to be exactly what it has been set aside for: "Season of Reflection".

Make every effort to join in on the fun things going on during this week. We do not want you to miss out on the fun!

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

**Referring residents will be paid out 90 days from the move-in date.*

WORD FIND

P	P	H	U	G	P	D	C	K	H	T	K	E	I	S	O	V	I	E	T	Q	B	G	B	C
P	I	H	U	H	S	Y	R	I	L	H	K	I	C	M	I	O	E	R	R	N	D	A	X	R
Q	L	D	Q	R	H	F	R	N	S	C	E	A	Q	L	H	E	I	H	A	E	U	B	C	U
U	G	V	Y	E	R	L	C	G	M	O	O	R	P	R	I	K	V	A	N	P	R	C	C	S
E	R	Q	I	Q	O	I	I	J	T	P	L	N	C	L	F	P	I	L	G	T	R	S	K	A
E	I	F	X	F	W	F	C	B	V	E	M	A	G	U	V	P	S	L	E	U	I	E	F	D
N	M	U	R	P	J	G	H	A	E	I	I	K	R	R	L	S	S	E	R	N	P	J	D	E
U	S	A	L	A	D	I	N	I	N	R	Q	A	B	O	E	E	T	Y	A	E	N	Z	P	A
C	K	Q	K	L	N	B	T	Y	M	E	T	L	R	A	K	S	S	B	A	B	N	H	W	G
H	S	E	S	X	V	N	A	C	Y	B	U	Y	V	E	L	G	S	D	M	H	H	T	N	S

QUEEN
NEPTUNE
SALADIN

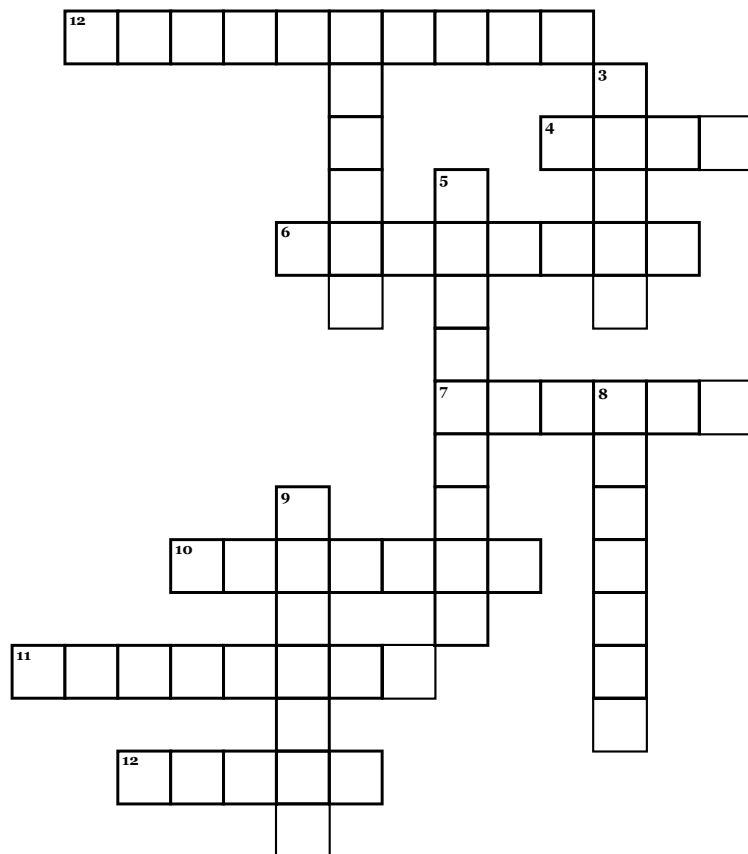
HURRICANE
SOVIET
HERCULES

SOLAR
LIBERTY
PILGRIMS

ECLIPSE
CRUSADE
HALLEY

RANGER
KING
CONGRESS

CROSSWORD



Down

- Comet discoverer
- President of Jamestown colony _____ Smith
- _____Where Are You?!
- Gottfried Galle discovered the planet
- Muslim general

Across

- Soviet Premier
- "Queen of Scots" _____ Stuart
- Legendary man-god
- America's first newsboy _____ Flaherty
- Lone Ranger _____ Moore
- First US black delegate Frederick
- Michelangelo's sculpture

Stay Connected!

Join Our Facebook Group

Did you know Facebook use is higher by 18% on Thursday and Friday? Log on and see what's happening in our Friends & Family group! Scan the QR Code below to join!



EMPLOYEE OF THE MONTH

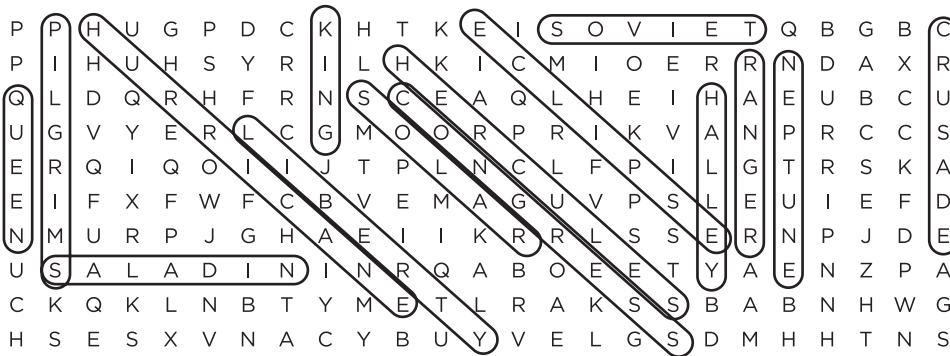
Austin Delaney



Austin Delaney is a caregiver who has worked at Rosewood for over three months. He works hard and so many people had such great things to say about him. One staff member says Austin is "always willing to help and comes to work on his days off." Austin,

originally from Chicago, has lived here for 10 years. He is working toward becoming a RN. Some of his favorite things include Almond Joy candy, Mountain Dew and Cheez-Its. When asked what he liked to do with his residents he said, "Conversation. It helps the residents to clear their minds." When asked what his favorite attribute of Rosewood is, he had this to say: "I enjoy the residents and their stories." Austin, thank you for always working so hard and showing our residents just how important they are. Congratulations on a well earned accomplishment!

ANSWER KEY



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