### WHAT'S COMING UP

# November 1st

All Saint's Day

### **November 4th**

**Book Lovers Day** 

### November 6th

National Nacho Day

### **November 7th**

U.S. General Election Day

#### **November 11th**

Veteran's Day

### **November 13th**

Caregiver Appreciation Day

#### **November 15**

America Recycles Day

### **November 22nd**

Go For a Ride Day

### **November 23rd**

Thanksgiving

### **November 28th**

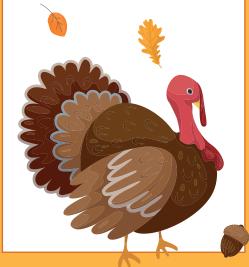
French Toast Day

#### **November 29th**

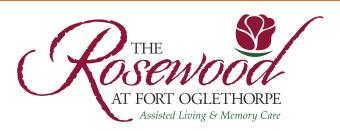
Chia Pet Day

### **November 30th**

Stay At Home Because You Are Well Day



# **NOVEMBER 2023 NEWSLETTER**



### Hello Residents,

This month brings a very special day...Thanksgiving. Such a special time with family and friends to give thanks. We all have so many varied traditions, but one thing is for sure, it typically involves food. One of our traditions at the Pflug household is that we all pitch in to help with the food preparation. That is one meal my wife goes all in for, a carryover from her Mom...multiples of everything. Sweet potatoes fixed 3-4 different ways, green beans with all kinds of toppings I never knew went on green beans...and the list goes on. I am grateful for all of our residents and hope your Thanksgiving will be special in its own way. God bless you!

I want to say thanks to all the wonderful residents for their patience as we refresh the community dining area and other parts of the community. All of the refresh should be completed by mid-November. Our talented designer, Shelly Stern, has done an incredible job of selecting warm and pleasant enhancements for your enjoyment. I would like to share what has been done over the last few weeks: repainting the entire main dining area with a new, more up to date paint color, new carpet on both the main floor and the mezzanine area, repainting the private dining room and the library, new comfortable furniture in the main dining and mezzanine area, new curtains in the main lobby, new vinyl flooring by the beverage area, new chandeliers to be hung in the dining room (a spectacular addition), garden refreshed with some new plants and mulch throughout the entire community and the parking lot to be re-sealed and striped for parking. We are constantly striving to keep Rosewood refreshed and will continue to do so. Thanks again for supporting our progress.

Also, many of you have chosen to get your annual flu shots given at Rosewood by now. A consent form needs to be completed for that shot to be given. Please let us know if you missed yours and would like to sign up, simply let your nurse know. We will handle the rest. Have a great November! Please let our great care staff and Leadership team know if we can make your stay with us better in any way.

**Greg Pflug,**Executive Director



# **Courtyard Social Time**

It is always nice to sit outside and enjoy the nice, warm breeze. It is even better when you can do it with a group of friends. These wonderful ladies were spotted hanging out in the courtyard chatting and just enjoying each other's company. Getting the opportunity to peep in on these little unplanned moments is such a great blessing.







# SUNSHINE TOUR to Summerville, GA

We had an excellent group of residents join us for a trip down to Summerville, GA to the train depot. Residents enjoyed the nice trip down with great fun and engaging conversation, as we always do on our SUNSHINE TOURS. A few residents got off the bus and took advantage of learning about the train depot and we got to talk with some City Council ladies who showed us a calendar of upcoming events! It was a great trip, and we highly suggest you take the opportunity to go if you are awarded the chance!







# Pathways Pumpkin Hat Game Sponsored by Tapestry Hospice

Our lovely Pathways residents had a "pumpkin" enjoyable time with the "Pumpkin Hat Game" sponsored by Tapestry Hospice. Andrea, Kristy (Life Enrichment Coordinator) and all the care staff had fun helping assist the residents in the game. The game was: two residents sit across from each other and have their hair covered with saran wrap. After the saran wrap is secure, they then cover the wrap with shaving cream. One resident tries to throw the cheese balls (pumpkins) and make them stick to the other resident's head across the table. We don't know who had more fun, the residents or the staff! Thank you, Andrea and Tapestry for this fun activity!







# **Assisted Living Week "Season of Reflection"**

We here at Rosewood had a wonderful time with our Assisted Living Week activities. Each day the staff enjoyed dressing up to the differing themes. Each department and residents had a day where they hunted rubber ducks and won a prize according to their duck. Lots of smiles, fun and reflection— the exact reason for the week. The theme was a thanks to those who live, work, volunteer or provide a service to our community.



# Exercise Provided by Cassidy November 2nd at 9:30 am

Every Thursday Pathways residents will enjoy the exercise provided by Cassidy! She offers an exercise activity called "Silver Sneakers with Cassidy." She just opened a new gym and she wanted to extend her knowledge to the Pathways residents here at Rosewood. So, Pathways residents (with help from the care staff) make sure and be there each Thursday for this fun time of exercise and fun!



# **Lunch Outing to Bea's Restaurant**

November 16th at 11:30 am

A few months back Life Enrichment took a group of men to Bea's for their famous chicken. This time we had some women who wanted to attend so we couldn't let the time slip by before they close for the holidays. Bea's has a wonderful selection of home cooked food served on their famous "lazy Susan". Join us as our lunch outings are a wonderful time of fellowship and great food!



# SUNSHINE TOUR to the Hunter Art Museum

November 9th at 1:00 pm

November 9th is "Trip to an Art Museum" day. Rosewood residents and Life Enrichment will go on a SUNSHINE TOUR to visit our local art museum, Hunter Art Museum. It is always a fun time when we go on a SUNSHINE TOUR. Join us on this trip, especially if you enjoy art and museums. Hunter Art Museum is a wonderful place that offers many different exhibits and is also handicap accessible, which is always a plus! The sign-up sheet will be at the resident information center located at the front desk.



# Thanksgiving Day

November 23rd

Thanksgiving Day will be on November 23rd. We pray that you and your family have a wonderful time with food, thankfulness, and fellowship. Life Enrichment will be off to enjoy time with their families but will return on Friday. Your family here at Rosewood want to say how much we are thankful for you residents and your awesome family. Thank you for choosing Rosewood as your home.



# SUNSHINE TOUR to Wendy's

November 24th at 12:30 pm

Join Life Enrichment as we go to Wendy's for an after Thanksgiving Frosty! What could be better than an ice cold, sweet Frosty? We couldn't think of anything better. So, make sure to sign up at the resident information center located at the front desk.



# **Birthday Party**

November 29th at 3:30 pm

As always, we will all get together after BINGO to celebrate our November birthdays! Cake, drinks, poems, and friends make for a wonderful birthday. Come celebrate all of our wonderful November babies. There were eight born in the month of November!



## **Resident Council**

November 27th at 3:30 pm

We will be having our monthly November resident council meeting. Our resident council meeting will be on Monday the 27th in the Discovery Center at 3:30 pm. This is your time to address any concerns other than food/dining. We encourage ALL residents to attend. New residents, please make every effort to attend as it is one more way for you to learn more about our Rosewood community.



### **Food Council**

November 30th at 1:30 pm

Our monthly food council meeting will be on Thursday the 30th in the Discovery Center at 1:30 pm. This is your time to meet with Food Service Director Conrad about any food/dining concerns. If you have any food suggestions, this is your meeting. We encourage ALL residents to attend. New residents, please make every effort to attend as it is one more way for you to learn more about our Rosewood community.

# Friends Make the Best Neighbors

Would you like a free\* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

\*Referring residents will be paid out 60 days from the move-in date.



## **Eugene "Poppy"** Blaes

Our resident spotlight for this month is Poppy. He has lived in our community since June of this year. In just this brief time he has really made a difference. He is always found with a big smile and a wonderful, welcoming attitude.

He has joined right in with our card playing groups and so much more. He is a regular BINGO player and has even offered to execute a Saturday BINGO if needed.

Poppy, as he is loving called, worked in the railroad industry: first in the railroad yard and then in sales/ marketing. He said when he was marketing, he was sent many places including St. Louis, Milwaukee, Indianapolis, and Philadelphia. Lastly, he was sent to Chattanooga as a District Manager in 1965 and never left. He is also a Certified Member of the Society of Traffic & Transportation.

Poppy and his wife Joan were married for 54 years and shared four children, ten grandchildren and twelve great grandchildren. He stated with immense pride how much he loves his kids and grandkids. His interests include his time spent competing in the Senior Olympics from 1965 to 1985. He participated in over eleven sports in total and won many state golds for badminton and table tennis. He also won a national award for badminton..

He enjoys visiting with people and playing cards, as well as BINGO. He said what he loves most about living at Rosewood is the camaraderie. Poppy lives by the motto "People won't always remember what you did, but how you made them feel." Poppy, we couldn't agree more. Thank you for your positive attitude and inclusion of others. Congratulations!

# Thank You To All Our **Wonderful Staff**

This month is a time of thankfulness and togetherness. Here at Rosewood, there are always many opportunities to show that thanks. Whether it be a simple card, a smile, a gift card for a job well done, or most welcomed a meaningful prayer. I would like to take the time to say thank you to all our wonderful staff—thank you all for the job you do, the care of our residents and the teamwork you show every day.

We could not properly run our community if it were not for the dedicated staff that show up and show out each day. Even on busy days, stressful days or the days that may seem never ending, we are all here together making a difference for our residents.

Thank you to all our staff and I pray that you all have a wonderful time this month with your families and friends during this time of thankfulness.

For those who serve our community, hospice groups, home health groups, volunteers, chaplains, or our very own Weston Group we say THANK YOU! We would not be the community we are without the assistance of such wonderful people. I also want to thank our fabulous Rosewood Families. We appreciate you all trusting us with your loved one and trusting that their needs will be met. You could have chosen so many other places, but we are thankful you chose Rosewood. So, THANK YOU **Rosewood Families!** 

Lastly, thank you to all our directors and upper management who work so hard to maintain the day-today operations of not only our community, but every community under our Regency umbrella. Most times these people are behind the scenes, and I felt the urge to say THANK YOU.

I hope everyone has a wonderful November and take time for not only yourself and your family but for the LORD.

Sincere Regards.

Kristal Williams Life Enrichment Director



### Resident

Fred Tucker Nov. 9 Peggy Young Nov. 12 Faye Hill Nov. 13 Betty Routt Nov. 14 Phil Jenkins Nov. 22 Lou Phillips Nov. 26 Janette Watson Nov. 27 Leon Babb Nov. 28

### **Employee**

**Emily Tomlin** Nov. 2 Lindsey Schmitt Nov. 6 Joey Crumbley Nov. 10 Dewanah Clark Nov. 11 Austin Delaney Nov. 13











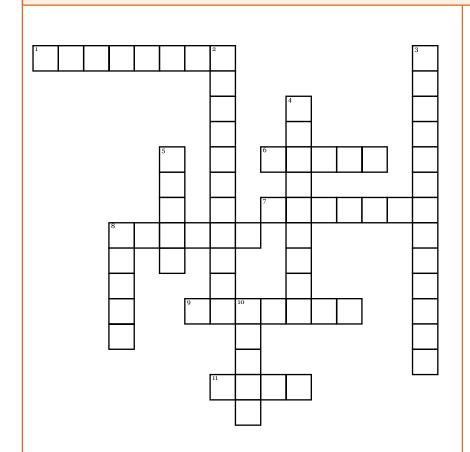
### **WORD FIND**

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### **CROSSWORD**



### Down

- 2. British writer
- 3. November birth flower
- 4. Fall is a season of \_\_\_\_\_
- 5. November birthstone
- 8. The day after Thanksgiving is known as \_\_\_\_\_ Friday
- 10. The Latin word for November

### **Across**

- 1. Early European settlers
- 6.Dog in a spacecraft
- 7. Delivered the Gettysburg Address
- 8. Full moon in November is called the \_\_\_\_\_ Moon
- 9. 35th president of the USA
- 11. Roman emperor



for your outstanding service & care!

# Stay Connected!

### Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



### **EMPLOYEE OF THE MONTH**

## Kristy Kelley

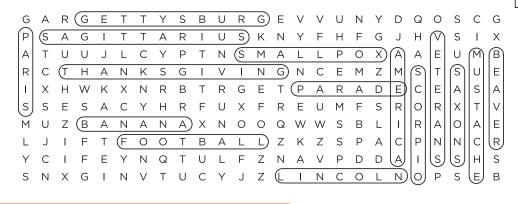


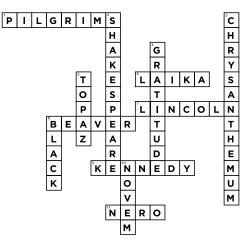
Kristy is our Life Enrichment Coordinator and has been employed at Rosewood since May of this year. Kristy has hit the ground running and has increased our Pathway resident participation and staff interaction. Kristy always has a positive attitude, is on time, team focused, and up for any challenge big or small.

When asked what she enjoys most about Rosewood she said, "Hands down the residents. They have become like family to me, and they brighten my day every day." When asked to suggest an activity that we don't normally do, she stated that memory care residents should be more involved with life outside their community, such as walking though other areas of the community that they do not typically get to see. What a wonderful idea and further proves her understanding of our values in Life Enrichment: Engagement and Inclusion.

Kristy, thank you for your hard work, dedication, and love of our residents. You are a shining example of what it means to say "That's Why We Are Here."

### **ANSWER KEY**





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