

WHAT'S COMING UP

January 1st
Happy New Year!

January 6th
Apple Tree Day

January 9th
National Law Enforcement
Day

January 13th
Korean American Day

January 14th
Ratification Day

January 15th
Martin Luther King Jr. Day

January 19th
Good Memory Day

January 20th
Take a Walk Outdoors Day

January 22nd
Celebration of Life Day

January 25th
Opposite Day

January 27th
International Holocaust
Remembrance Day

January 31st
National Hot Chocolate Day



JANUARY 2024 NEWSLETTER



Hello Residents,

As we step into the New Year, January marks the beginning of fresh opportunities and renewed energy. It can serve as a pivotal moment for reflection, growth and engagement in our community.

This month invites us to set goals – some new, some revised, some personal and some as a collective, fostering a sense of purpose and direction. It lays the foundation for the months ahead, shaping the narrative of our shared journey.

Let's embrace January as a time for unity and collaboration, as we work together to create a vibrant and supportive community. Your involvement and enthusiasm are key ingredients in making this a remarkable start to the New Year. This year let's choose to live life in a bold way. Let's put aside those old ways and embark on new horizons. Some of us have limited our perspective based on our own experiences. Perhaps this year we can allow ourselves to grow more than ever before. So I want to encourage you to think about these possibilities:

- » **Make new friends at Rosewood** – find out something unique about another resident. Read about them in the newsletter resident spotlight then introduce yourself to them and share a personal story about yourself. After all, we are all neighbors here at Rosewood.
- » **Try new foods** – ever wonder why we eat the same type of foods over and over again? Maybe it's time to try new foods. Be open and allow your taste buds to travel to a new country by experiencing their food. I love both Chinese and Mexican food. Actually, I love all food come to think about it.
- » **Discover a new activity** – we have so many ways to participate at Rosewood. Join the Rosewood chorus, start going to exercise class and build up those muscles and so many more!

Let me know what you will be doing differently or more of in 2024. I am so grateful for each of you wonderful folks and proud to serve you along with our Leadership team and fabulous staff.

God has blessed us all with a special gift. I hope you will have an opportunity to share it this year! Wishing you a January filled with inspiration, connection and achievement.

Greg Pflug,
Executive Director



Christmas Performance by Wayne Rollins

Wayne is a treasure to our community. This past month he and a friend came for a special Christmas performance that was a packed show. Residents really enjoyed singing along and dancing to wonderful music. We really enjoy all of our performers and thank them when they take extra time for a special performance.



SUNSHINE TOUR to Mean Mug for Hot Chocolate

Residents enjoyed taking a SUNSHINE TOUR to Mean Mug for a cup of hot chocolate. It was a nice treat for a cold day. As the winter months are upon us, residents will love the upcoming community hot chocolate days as well. As always, invite a friend to tag along with us during these trips as we always have a great time.



Dessert Extravaganza

We held our last family day for 2023 with a Dessert Extravaganza. We had numerous desserts and holiday drinks for our residents and their families to enjoy. Our residents had over 100 guests RSVP for this event! This was our best-attended event of 2023, even beating out our Community of the Month Celebration! Let's see if we can beat the record this year!



Oakwood Christian Academy Band Performance

Rosewood received a visit from Oakwood Christian Academy Band. They put on a wonderful performance. There were many solos, duets, soprano performances and even a holiday skit. The talent these kids have is immeasurable. We always enjoy it when children and teens visit our community. The residents and staff really enjoyed singing along as well.



National Trivia Day

January 4th

Join us for a day of trivia! Let's celebrate National Trivia Day with many different topics. Our iN2L system has over 400 different types of trivia! Let's test our knowledge, see what we know and have the opportunity to learn new things!



Martin Luther King Jr. Day

January 15th

We will be reading the "I Have a Dream" speech in honor of Martin Luther King Jr. Life Enrichment did this activity last year and it was well received. Our hearts were broken and our eyes were flooded at the end. It is a very impactful speech that everyone should take the opportunity to read.



Music Performance with Wayne Rollins

January 16th at 10:15 am

Wayne Rollins will be back to give us a wonderful performance as always. We are always excited to welcome Wayne to our community. He also enjoys a good lunch provided by Conrad, as he eats with his mother who is a resident here at Rosewood.



Lunch Outing to Park Place Restaurant

January 18th at 11:30 am

Join Life Enrichment as we go to eat lunch at Park Place. The food and service are always enjoyable. They are very accommodating to our residents and always welcome us with warm smiles. If you have the opportunity, please make every effort to join us. If you have never been, I highly recommend you give them a try! You won't be disappointed.



Resident Council

January 29th at 3:30 pm

Resident Council is for all residents who reside at Rosewood. It is a monthly meeting for residents to address any departmental concerns and receive community updates. It is also open for Memory Care residents. As of November, we have added Food Council to our meeting. Food Council addresses dining or food concerns. Make an effort to join!



Grandpa's Day

January 22nd

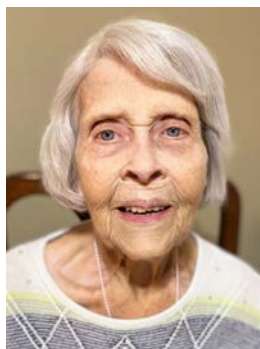
We know that there is Grandparents Day in September, but in January we also have "Grandpa's Day." We will be celebrating our Grandpas here at Rosewood with a day full of activities. Join us if you are a resident who is a Grandpa! We have many fun things planned for you all.



Tasteful Tuesdays

All Month Long

Every Tuesday we will have a treat provided by Life Enrichment. We started this in October and it has been well received. We wanted to get it into the newsletter for those who may not have had the opportunity to come or if you have forgotten when it is. Join us for a time of fellowship and food! What else could be better?



Jeannie Crisson

Our first resident spotlight for 2024 is Jeannie Crisson. Jeannie has been a resident at Rosewood since September of 2023. She can always be seen with a smile on her face and a helpful hand outstretched. Jeannie retired from office work doing payroll. She enjoys growing flowers and making flower beds. When asked what activity she would like to do again, she said, "The sing-a-longs." Jeannie has two daughters, two grandchildren and four great-grandchildren. She loves being independent, but she said she loves the help offered by our care staff. She stated she loves the food and all of the staff are very nice. She said she hasn't met one unkind person yet! What a sentiment as to how our residents and staff treat others.

Jeannie also enjoys it when the church groups come and we sing and worship. We have many church groups and performers who come to sing those old hymns that our residents enjoy. Some of Jeannie's favorite things include roasted peanuts, talk shows and fruit pie! She is a shining example of what it means to stand out in the community and offer a warm smile and helping hand. Thank you, Mrs. Jeannie!

Happy Birthday

Resident

Midge Brewer	Jan. 1st
Barbara Fitzgerald	Jan. 1st
Ralph Dooley	Jan. 3rd
Aris Tilley	Jan. 7th
Paula Oliver	Jan. 13th
Carl Howard	Jan. 16th
Marilyn Richter	Jan. 17th
Dot Roberts	Jan. 19th
Ross Evitt	Jan. 21st
Bobbie Land	Jan. 22nd
Carolyn Terry	Jan. 28th
Elizabeth Guinn	Jan. 31st

Employee

Cindy Coots	Jan. 5th
Maria Medina	Jan. 11th
Conrad Gregory	Jan. 19th
Marsha Delaney	Jan. 20th
Ashton Head	Jan. 22nd
Melissa Parkhill	Jan. 22nd
Christina Zeigler	Jan. 27th

WELCOME NEW RESIDENTS!

Ernest Harris Billie Cohen
Mary Lemons

COMMUNITY STORY



This month in the Community Story we want to highlight some vendors who deserve some recognition.

Our first recognition is the students from Heritage High School. These students visited the past few months to assist with activities in Pathways. At first, they were a little nervous as they didn't know what to expect. But, they showed up and jumped right in. They came and assisted the first time with manicures and even some of the boys helped! The residents loved the engagement and just having someone to sit with them one on one was so delightful. The residents have now gotten used to them and welcome them with open arms. We want to thank these Healthcare Students for their willingness to help assist our residents, their wonderful behavior and their caring hearts. I firmly believe that they will succeed in the goals they have set aside for themselves!

Our second recognition is Prayer with Every Note. These ladies take the time each holiday to send personalized cards to each of our residents. They call and receive an accurate census of our residents and then, in turn, send a package of handwritten cards. It is such a wonderful sentiment that our residents look forward to. Every time a card is sent, the excitement in our community is immeasurable. It is amazing the joy a simple card can bring. It also shows how far a simple act of kindness can go.

Lastly, we want to thank our hospice and home health partners for helping in our Christmas Tree Extravaganza. We had a total of 12 trees in our community — seven were from Life Enrichment, the one in our dining room was our community tree and the final four were from our hospice and home health partners.

We want to say thank you to all of our vendors. Rosewood is anxious to see what 2024 brings to our community. From us here at Rosewood, we hope that you have a very blessed 2024.



WORD FIND

W	R	J	B	E	G	I	N	N	I	N	G	X	C	K	T	E	M	R	T	V	Q	L	Q	R
M	I	B	F	L	M	W	B	U	G	Y	J	C	A	S	R	W	N	P	R	U	H	W	O	E
W	G	N	M	F	J	V	N	Y	A	P	A	O	R	Z	T	I	X	W	A	S	Y	O	U	S
D	H	K	S	M	R	Q	T	P	R	K	N	J	N	F	D	N	B	G	Q	D	D	B	Z	O
B	T	U	L	Y	O	A	T	Z	N	D	U	E	A	Q	L	T	G	M	Q	G	R	L	W	L
D	S	R	B	M	F	H	N	B	E	W	A	L	T	T	T	E	U	P	G	D	O	Q	O	U
S	N	O	W	D	R	O	P	K	T	B	R	L	I	N	U	R	O	I	E	B	X	H	L	T
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X	B	E	E	F	J	P	K	O	Z	Z	N	J	H	H	G	L	Z	E	K	I	Y	W	Y	N

GARNET

BEEF

ELLIS

HYDROX

FRANKLIN

BEGINNING

JANUARY

CARNATION

RESOLUTION

ROSE

WINTER

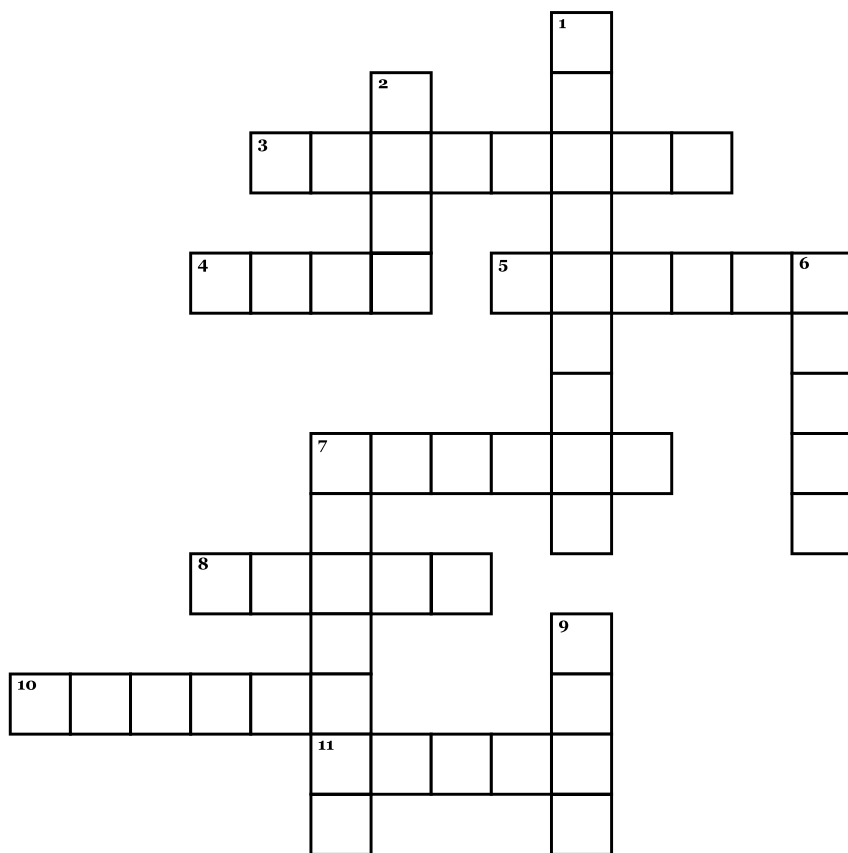
EPIPHANY

WOLF

SNOWDROP

RIGHTS

CROSSWORD



Down

1. One of January's birth flowers
2. January's Moon
6. Famous Square
7. Franklin's note
9. Bowl Game in Pasadena

Across

3. January's other birth flower
4. Famous slogan, "Where's the ____?"
5. January's birthstone
7. The original chocolate sandwich cookie
8. Roman god with two heads
10. He added the 31st day to January
11. Island for Immigrants to America

